


69 E. Wardell St.
 Scottsburg, IN 47170
 (812) 206-7970
 Vol. Site Mgr.:
 Pat Amos

MAY | 2024

Bacala Senior Center-Scottsburg Activities



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29		1 Produce for Better Health & Exercise Class 10:00 AM	2 Rummikub 10:00 AM	3 Exercise Class 10:00 AM
6 Exercise Class 10:00 AM	7 A Matter of Balance 9:30 – 11:30 AM	8 Exercise Class 10:00 AM	9 Rummikub 10:00 AM	10 Hampton Oaks Health Screening 10:00 AM & Older American Project 11:00 AM
13 Exercise Class 10:00 AM	14 A Matter of Balance 9:30 – 11:30 AM	15 Produce for Better Health & Exercise Class 10:00 AM	16 Rummikub 10:00 AM	17 Exercise Class 10:00 AM
20 Exercise Class 10:00 AM	21 A Matter of Balance 9:30 – 11:30 AM	22 W.I.S.E Program 9:30 – 11:30 AM	23 Rummikub 10:00 AM	24 Exercise Class 10:00 AM
27 Memorial Day Closed	28 A Matter of Balance 9:30 – 11:30 AM	29 Produce for Better Health & Movie Day 8:00 AM	30 SHIP Presentation	31 Exercise Class 10:00 AM



Congregate Meal Site

Older Americans Month

Notes:

Lunch Served M-F @ 11:30-Noon

Meal sign-up required in advance –week ahead notice

Stress-relief Coloring Pages M-F 9:30 AM

Skip Bo Card Game M-F 9:00 AM

MAY | 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

