


Mark Elrod Towers
1 Wolfe Trace
New Albany IN 47150
Site Mgr. Robert
Ludolph

MAY | 2024

Mark Elrod Congregate Center Activities



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29		1 Produce for Better Health	2 Medicare Bingo 11:30 AM	3 Derby Game Day 11:30 AM
6	7 Walk with Ease w/ Willa	8 IUS W.I.S.E Program 1:00 PM – 3:00 PM	9 Peas & Carrots Nutrition Ed 11:30 AM	10 Bobby's Oldies & reminiscing 12:00 PM
13 Cooking w/ veggies w/ Gina Brown	14 Bunco	15 Produce for Better Health & Blood Pressures w/ Rebecca & Kroger Truck	16 Produce for Better Health Check In	17 Game Time w/ BOB 11:30 AM
20	21 Walk with Ease w/ Willa	22 Bingo w/ Willa	23 Healthy Cooking w/ Purdue	24
27 Memorial Day CLOSED	28 Walk with Ease w/ Willa	29 Produce for Better Health & Kroger Truck & Birthday Celebrations	30 5-a-Day Nutrition Ed 11:30 AM	31 Game Time w/ BOB 11:30 AM



Congregate Meal Site

Older Americans Awareness

Notes;
**Lunch Served
M-F @ 11:00 AM
Reservations
Required w/
Week Notice**

**Coffee &
Conversation
M - F 9:00 AM**



MAY | 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

