


Joe Rhoads Senior Center
 123 S. Mulberry St.
 Corydon, IN 47112
 Rick Haines, Site Mgr.
 812-738-7603

MAY | 2024



Joe Rhoads Senior Center-Corydon Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29		1 Produce for Better Health	2	3 Tai Chi for Health 10:15 AM
6 Tai Chi for Health 10:15 AM	7 Walk W/ Ease 12:10PM	8 Older Americans Month Program 11:45 AM	9 W.I.S.E Program 10:15-11:15 & Walk W/ Ease 12:10PM	10 Tai Chi for Health 10:15 AM
13 Tai Chi for Health 10:15 AM	14 Peas & Carrots Nutrition Ed 10AM & Walk W/ Ease 12:10PM	15 Produce for Better Health & Blood Pressure Health Screening w/ Anna Jones 11:00 AM	16 W.I.S.E Program 10:15-11:15 & Walk W/ Ease 12:10PM	17 Tai Chi for Health 10:15 AM
20 Tai Chi for Health 10:15 AM	21 Walk W/ Ease 12:10PM	22 Take 5 and give 10 Nutrition Ed 10AM	23 Walk W/ Ease 12:10PM	24 Tai Chi for Health 10:15 AM
27 CLOSED	28	29 Produce for Better Health	30 Cindy w/ Purdue Extension 11:00 AM Picnic Safety for Summer	31 Tai Chi for Health 10:15 AM



Congregate Meal Site

Older Americans Month

Notes:

**Lunch Served
 M-F @ 11:30 AM
 Reservations
 Required w/
 Week Notice**