69 E. Wardell St. Scottsburg, IN 471 70 **JANUARY** 2024

Vol. Site Mgr.: Bacala Senior Center-Scottsburg Activities Pat Amos

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed	2 Rummikub Game 10:00 AM	³ Produce for Better Health Check In 10:00AM Exercise Class 10:00 AM	4 Rummikub Game 10:00 AM	5 Exercise Class 10:00 AM
8 Exercise Class 10:00 AM	9 Servants Heart 11:00 AM	Produce for Better Health	11 Rummikub Game 10:00 AM	Hampton Oaks Health Screening 10:00 AM & Bingo 10:30 AM
15 Closed	5-a-Day Nutrition Ed 10:30 AM	17 Exercise Class 10:00 AM	18 Rummikub Game 10:00 AM	19 Music 10:30 AM
Exercise Class 10:00 AM	Peas & Carrots Nutrition Ed 10:00 AM	24 Produce for Better Health	25 In House Bingo 10:00AM Bring Prizes	26 Exercise Class 10:00 AM
Exercise Class 10:00 AM	30 Rummikub Game 10:00 AM	31 Exercise Class 10:00 AM	HAPPY NEW YEAR	2



Congregate Meal Site

Mental Health Awareness

Notes:

Lunch Served M-F @ 11:30-Noon

Meal sign-up required in advance –week ahead notice

Stress-relief Coloring Pages M-F 9:30 AM

Skip Bo Card Game M-F 9:00 AM