

Mark Elrod Towers
1 Wolfe Trace
New Albany IN 47150
Site Mgr.

JANUARY | 2024

Mark Elrod Congregate Center Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed	2	3 Oak Street Bingo 12:30PM	4	5
8	9 Walk with Ease 12:00 – 1:30 PM	10 Blood Pressure Screening w/ United Health Care 1030AM Produce for Better Health & Kroger Truck	11 5-a-Day Nutrition Ed	12
15 Closed	16 Walk with Ease 12:00 – 1:30 PM	17	18	19 Produce for Better Health Check In
22	23 Walk with Ease 12:00 – 1:30 PM	24 Produce for Better Health & Kroger Truck	25 Peas & Carrots Nutrition Ed	26
29	30 Walk with Ease 12:00 – 1:30 PM	31 January Birthdays & IUS 1-3PM	HAPPY NEW YEAR	2



**Congregate Meal
Site
Mental Health
Awareness**

Notes;
**Lunch Served
M-F @ 11:00 AM
Reservations
Required w/
Week Notice**

**Coffee &
Conversation
M - F 9:00 AM**

