Joe Rhoads Senior Corydon, IN 47112 Rick Haines, Site

Mgr.

Center 123 S. Mulberry St. JANUARY 2024 Corydon, IN 47112

Joe Rhodes Senior Center-Corydon Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed	2	3	4	5 Tai Chi for Health 10:15 AM
8 Tai Chi for Health 10:15 AM	9 Peas & Carrots Nutrition Ed 10AM	10 Produce for Better Health	11	12 Tai Chi for Health 10:15 AM
15 Closed	16	17	18 Take 5 and give 10 Nutrition Ed 10AM	19 Tai Chi for Health 10:15 AM
Tai Chi for Health 10:15 AM	23	24Produce for Better Health & Produce for Better Health Check In	25	26 Tai Chi for Health 10:15 AM
Tai Chi for Health 10:15 AM	30 January Birthdays	31	HAPPY NEW YEAR	2



Congregate Meal Site

Mental Health Awareness

Notes:

Lunch Served M-F @ 11:30 AM Reservations Required w/ **Week Notice**