

A member of the connect Alliance.



2022 Annual Report

MESSAGE FROM LIFESPAN RESOURCES' CEO & BOARD PRESIDENT

2022: Approaching our 50th Year!







Annette J Roberts
Annette Roberts
President, Board of Directors

As 2022 progressed, we began planning for our 50th Anniversary celebration in 2023. Our 50th Anniversary Planning Committee began meeting mid-year and is headed up by Lucy Koesters, our Chief Business Development Officer. We are very grateful to these committee members for their time, interest, research and planning:

Angela Marino
Annette Roberts
Barbara Crecelius
Beth Preher
Earlene Bennett
Lora Clark
Lucy Koesters
Melissa Richardson
Patty Cress
Sherry Cookson
Tonya Fischer
Vern Eswine

The excitement is building for this special year in 2023. The committee is working on producing a historical documentary video, a television campaign, newspaper ads, social media blitz (Look for: 50 Reasons to Love LifeSpan Resources) and a celebration event in May where elected and state officials, and local dignitaries will be invited. We can't wait to share our history and all the good work our agency has performed for our community in the past 50 years.

This year saw a return to a "new normal" post pandemic. Our congregate programs with daily hot lunches and socialization activities ramped back up to nearly pre-pandemic levels. Our case managers returned to in-person, inhome visits. We also returned to our larger in-person events such as Senior Games and Voice and Vino which hosted 700 attendees at Caesars Southern Indiana in October. It was our most successful gala in history, raising \$150,000!

Our staff, like many others in the United States, are finding that working from home or hybrid in-office/work-from-home schedules fit best. With many of our staff converting to on-going work-from-home arrangements, we were able to consolidate more of our staffs from remote locations.

We have so much to be proud of at LifeSpan Resources – our 50 years of service to southern Indiana first and foremost. We are the only organization in our area helping older adults and individuals with disabilities to live independently.

Whatever the need is – whether it's help at home, meals on wheels, transportation, home modifications, caregiver support or more – we are here to make those connections to resources.

We've been here for 50 years – and we'll be here for 50 more.









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Mary Alice Fortener Secretary Clark County Through June 2022



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Through Aug. 2022



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Beth Preher Vice President



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Martina Snyder

2022 HIGHLIGHTS FOR LIFESPAN RESOURCES

Voice and Vino at the Casino: Season Five!

"Season 5" of our premier gala fundraiser was held inperson this year on Tuesday, October 25 at Caesars Southern Indiana with 700+ attendees, entertained by seven fantastic singers and four local celebrity judges. The event was our most successful ever, raising more than \$150,000! Congratulations to this year's winner: Charlestown Mayor Treva Hodges!



Senior Games

"Surfin' Seniors" participated in the 36th Annual Senior Games. The event was held in-person the week of June 6-10. The theme included everthing Hawaiin including skirts, leis, and pineapple door prizes. We added golf and brought back the vendor fair this year. We loved being together with our friends for some fun, friendly (but fierce) competition!



Held our 5th Annual Voice and Vino at the Casino fundraiser which raised a record of nearly \$150,000 with a packed house of approximately 700 attendees.

Held our **36th Annual Senior Games** (Surfin' Seniors), which was our first full Senior Games since the pandemic. We had 132 participants and raised more than \$30,000.

Added **several new Senior Games Gang events** this year, building up to monthly events. Participation increased from 72 to 94 members.

Senior Game Gang Angel Tree program delivered 50 holiday boxes to needy clients in December.

Brought in over \$270,000 in Grant Allocations.

Produced New 50th Anniversary Video featuring **50 years of LifeSpan Resources** with archival assets and video interviews.

Collaborated with New Albany Salvation Army to deliver **40 clients a hot Thanksgiving Day meal**. Volunteers from Northside Christian made the deliveries.

Working with IAAAA, Anthem, IU, and Masterson's Catering to implement the Produce for Better Health program in 2023. **Will receive \$160,000** in grant funding to deliver boxes of fresh produce to nutrition clients beginning in 2023. Project will track health stats of participants to determine the health benefits of adding fresh produce to the diet.

We provided 1,024 units of evidence-based Health and Wellness Programs. These include Tai Chi for Arthritis, A Matter of Balance, Active Living Every Day, and Walk with Ease.

Using our American Rescue Plan grant a robust advertising plan was conducted for COVID vaccine/booster awareness in 2022. Publications included the News and Tribune, Extol magazine, The Corydon Democrat and Southern Indiana Living.

Developed new health care partnership with Clark Memorial Hospital that promotes continuity of care transitions from hospital to home.

In spite of stock market volatility and record unrealized losses, rising fuel costs never seen before, and basically rising costs on everything, the agency finished State Fiscal Year 22 with \$172K excess Revenue over Expenditures.

Applied for and was selected as one of only three organizations to work with Spalding University **graduate student to review policies and procedures through a lens of Diversity, Equity and Inclusion.**

We revamped our Longevity Awards program, presenting each employee who has reached a 5-year increment milestone with \$100 per year and a certificate or plaque. This also follows well with our Area Pan goal of improving Employee Retention.

American Rescue Funds have been received and approved to increase the number of caregiver and care recipient clients receiving services.

Hired additional Field Options Counselor as **long-term services and supports referrals have increased in the Aging and Disability Resource Center.**

Collaboration with Q-Source (Medicare Quality Improvement Organization) brought Trauma Informed Care and Social Determinants of Health training to case managers and options counselors.

Added partnership with Floyd Co YMCA to offer A Matter of Balance. The Y conducted two 8-week sessions in 2022 and plans to continue in 2023.

Received \$50,000.00 ARP grant from the City of New Albany for home delivered meals in Floyd Co.

Continuing our work with Dual Eligible – Special Needs Plans resulting in pro-active referrals for members in nursing homes or have a diagnosis of dementia. Our rate of beginning care transitions upon D-SNP notifications stands at 88%, above the state AAA standard of 67%.

Senior Center Project: Added subcommittee of the Board of Directors and evaluated two new potential locations in Clark Co and made a proposal to the Clarksville Town Council.

Added DEI graphics throughout our offices featuring wall vinyls depicting words of inclusion, puzzle pieces of inclusion and people of all colors, nationalities and abilities.

TV Advertising campaign being planned and produced to air in 2023. **15 and 30 second spots will highlight our services and our 50 years in the community.** Will air on WDRB and local cable stations. First time in history we have produced television spots.

Planning is well underway for our upcoming invitation only 50th anniversary celebration.

Save the date for Thursday, May 11, 2023!



PROGRAMS

Fiscal Year 2022 (July 1, 2021 - June 30, 2022)

ADVOCACY & OUTREACH

We represent senior citizens in many ways in our community through membership in human services organizations and state and national networks. We also sponsor the awesome annual Senior Games and Nursing Home Games, the Golden Hoosier Volunteer Award, Senior Angel Tree Holiday Program, and the Senior Games Gang membership program. Our volunteer Advisory Council acts on legislation that effects the elderly and disabled population and/or the agency and its programs.

132 individuals participated in Senior Games.16 Nursing Home Games participants.94 Senior Games Gang Members.50 Angel Tree Boxes delivered.



AGING AND DISABILITY RESOURCE CENTER (ADRC)

LifeSpan Resources offers this trusted and FREE local resource where people can turn for unbiased information and referral to a wide array of long term support options. Our trained Options Counselors are available Monday- Friday during business hours — either in person in our main office, by phone or by appointment.

9,196 interactions were made through the ADRC792 interactions were for Options Counseling

I've worked for LifeSpan Resources for about nine years now and I've never worked anywhere where we can do so much to assist people. – Ms. A, Case Manager



Make a referral or get information.

Lifespan Resources is proud to provide information and referrals for our Aging and Disability Resource Center.



Visit Isrl4.org or call our office and ask to speak to an Options Counselor



LifeSpan Resources' Case Managers enjoy a retreat. They care for over 3,000 clients a year!

CASE MANAGEMENT

LifeSpan Resources serves as the single entry point into a variety of supportive services for older adults and individuals with disabilities of any age. Our case managers identify needs, link clients with home and community-based services, and create person-centered care plans - all so that the individual may remain living independently.

3,428 clients received Case Management for a total of 44,975 hours of service provided.

IN-HOME SERVICES

In-home services include Attendant Care, Home-Delivered Meals, Respite Care, Adult Day Program, Home Health Aide, Transportation, Home Modifications, Adaptive Aids and Devices and other supports to help individuals in their homes remain independent.

187,290 units of In-Home services were provided.



COMMUNITY-BASED CARE TRANSITION PROGRAM

LifeSpan Resources partners with an Indiana Managed Care Organization, to provide care transition services to their Hoosier Care Connect program members who are at high risk of readmission to the hospital. Our Managed Care Options Counselors conduct face-to-face in-home assessments, work closely with nurse case managers, educate patients about the benefits of the health plan and refer them to community resources. LifeSpan Resources is now offering this service to commercial members of this Indiana health plan company as well.

171 patients received Care Transition services

FAMILY CAREGIVER PROGRAM

This amazing program connects caregivers to community resources particular to their caregiver needs. It includes Respite Care, Caregiver Education and other supportive services.

6,972 units of service were provided for Family Caregivers.



I have relied on LifeSpan Resources and my awesome case manager, Colette, for services such as meal delivery and access to medical support. I never imagined they could help me find a solution to feeling so alone and isolated from my family and friends during the pandemic!

- Ms. N, Client



LEGAL SERVICES

Our agency provides an attorney for legal assistance to persons age 60 and over.

608 hours of Legal Services were provided.



Pat Amos, site volunteer, leading chair exercises at Bacala Center.

NUTRITION PROGRAM

LifeSpan Resources Meals to Go! program provides weekly delivery of 7-meal boxes to homebound, older adults and individuals with disabilities. Meals are planned by a registered dietician to be well balanced and tasty; and provide 1/3 of the daily dietary requirements. Masterson's of Louisville, Kentucky, is our caterer for this program; their drivers also deliver the meals.

70,581 meals were provided through Meals to Go!





66

PREVENTATIVE HEALTH

Monthly health screenings, twice monthly nutrition education programs and a host of socialization activities, along with evidence-based wellness programs are offered throughout the year at our congregate centers and other community partnership locations.

97,977 contacts were made in the congregate sites and sent to the homebound Meals To Go clientele including: nutrition education, evidence based wellness programs, socialization and game activities, music, art and other informational programs.



Rick Haines, Joe Rhoads Congregate Site Manager, teaches Tai Chi to the 2022 LSI Discover Class.



Congregate clients at Joe Rhoads Center get fancy on Hat Day.

CONGREGATE NUTRITION

Our six congregate nutrition centers fully reopened post pandemic to enthusiastic participants. Congregate centers offer a daily hot lunch, socialization activities and games, evidence-based wellness programs and nutrition education.

27,396 congregate meals were provided



TRANSPORTATION

We offer several transportation programs including medical and social transportation. All vehicles are equipped to transport individuals in wheelchairs safely and comfortably. All drivers are background checked and drug and alcohol tested, CPR and first aid certified and trained in safe transport. They are the most caring drivers – offering door-through-door assistance and safe delivery of clients to and from their destinations.

7,603 medical trips were provided. 10,400 social trips were provided.

Rides To Meet Your Needs

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"Using LifeSpan Resources' Rides to Go! transportation service eased my stress of caregiving. They provide care, concern, and safety for us." — Ms. E, Caregiver



Sallie Jo Tomes Congregate Site Volunteer

VOLUNTEER PROGRAM

At LifeSpan Resources, we welcome and love our volunteers. They help us in many ways year round including:

- Administrative office tasks
- Medicare counseling
- Congregate meal site servers
- Senior Games Scorekeepers and meals servers
- Voice and Vino ambassadors
- Board of Directors and Advisory Council membership
- Angel Tree deliveries
- And more!

136 Volunteers performed 5,434 hours of service

DEMENTIA FRIENDS

LifeSpan Resources offers the Dementia Friends workshops, which are designed to advance the education and awareness of dementia. The program also aims to reduce the stigma associated with the disease and create community environments that are welcoming and conducive for those living with dementia. Dementia Friends One-Hour Workshops are offered FREE to community and church groups!

101 Dementia Friends made





Dementia Friends Workshop Participants



Voice & Vino 2022 Sponsors

TITLE

Caesars Southern Indiana

PLATINUM

Dr. Black's Eye Associates
CLLB Law
Cadella's Keepsakes
Friends of Dr. Mindy Gunn
German American Bank
Louisville Iron Works
MAC Construction
Robertson Crushed Stone
Timmel & Associates

GOLD

Brookstone Financial Hosparus Health Jacobi, Toombs & Lanz

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Underproduction Multimedia
St. Croix Hospice

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DMLO CPA's
Duke Energy
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Foundation Risk Partners
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Josh Hillman
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L&D Mail Masters
McCrite Milling
New Washington State Bank
Outward Bound Support Services
Owen Funeral Home
Temco Roofing & Construction
Westmoreland Medical

WINERIES & BREWERIES









For more information and photos, visit: www.lsr14.org/voice-and-vino-html



LifeSpan Resources' 36th Annual Senior Games June 6 - 10, 2022

This year's theme, "Surfin' Seniors," included everything Hawaiian, from hula skirts and leis, to pineapple door prizes at closing ceremonies.

2022 was the first time post-COVID that we were able to gather in-person, indoors and include all our favorite events. This year we even added golf and brought back the vendor fair.









2022 found our "Surfin' Seniors" having a great time!Senior Games Participants: 132 | Nursing Home Games: 16

TOTAL Participants: 148
Senior Games Gang Members: 94

"LifeSpan Resources is just an awesome resource and partner. Through activities such as the Senior Games, they work so hard each day to ensure our area seniors stay active, doing everything they can in life, and keeping that little competitive fire alive inside of them.

– Ms. B, sponsor for Senior Games.

Senior Games 2022 Sponsors

PLATINUM
Senior Games Gang
Masterson's Catering
Hellenic Senior Living

Timmel & Associates

DIAMONDKaiser Home Support Services

GOLD

State Representative Ed Clere
Brightwell Behavioral Health
Newcomer Cremations, Funerals
and Receptions
Guardian Medical Monitoring
Mathes Pharmacy
Ohio Valley Home Health

Carefirst Rehab
Holsman Physical Therapy &
Rehab
Villas of Guerin Woods
Humana
Communicare
Westminster Village

SILVER

Adaptive Hospice
Amedysis Hospice
Baptist Health Floyd
Bennett Place
Trilogy Health Services
Clark Memorial Hospital

Caesars Southern Indiana
Visiting Angels
Elder Advisers
Caregiver Homes
Naville & Seabrook Funeral Home

IN KIND

Frederick's Blackiston Bowl
Knights of Columbus – New Albany
Best Stamp Co & Sign Design
Brightwell Behavioral Health
City of Charlestown
City of New Albany
Floyd County Parks & Recreation

Floyd County YMCA
Trilogy Health Services
Masterson's Catering
NARFE
Pilot Club
Westminster Village

Join "THE GANG!"

The Senior Games Gang is LifeSpan Resources membership program for area adults age 55+. The program offers an outlet for socialization and friendship development plus health and wellness activities. Members receive free registration in the upcoming Senior Games and six special "Member-Only" events throughout the year.



FINANCIALS FISCAL YEAR 2022 (July 1, 2021—June 30, 2022)

INCOME

Contract/Program Income	\$7,222,148	93.29%
Grant Income	\$251,928	3.25%
Donations	\$47,828	0.62%
In-Kind Income	\$275,460	3.56%
Fundraising Income	\$172,129	2.22%
Miscellaneous Income	(\$227,735)	-2.94%
TOTAL	\$7,741,758	100.00%

Expenditures

 Information & Assistance Transportation Medicaid Transportation Case Management Options Counseling In-Home Services Medicaid Waiver Legal Services Health Screenings/Education Ombudsman Congregate Meals Meals To Go Administration Fundraising Family Caregiver Senior Health Ins. Asst. Program Anthem COVID-19 Related Other 	\$21,241 \$624,625 \$313,396 \$698,649 \$319,678 \$555,246 \$2,258,941 \$42,860 \$29,846 \$48,534 \$607,022 \$585,683 \$237,717 \$63,806 \$297,186 \$16,700 \$10,292 \$174,423 \$353,512
TOTAL	\$7,259,357

Balance Sheet

ASSETS:

Cash and Grant Receivable Medicaid Receivable Other Assets Fixed Assets TOTAL ASSETS	\$7,441,202 \$26,368 \$249,011 \$663,980 \$8,380,560
LIABILITIES:	
Accounts Payable Payroll Witholdings Accrued Expenses TOTAL LIABILITIES	\$137,016 \$855 \$249,674 \$387,545
NET ASSETS:	
Temporarily Restricted Unrestricted Unrestricted Assets	\$134,759 \$7,663,381 \$3194,876
TOTAL NET ASSETS	\$7,993,015
TOTAL LIABILITIES & NET ASSETS	\$8,380,560

ORGANIZATIONAL DONORS

Adaptive Hospice

Amazon Smile Program

Amedysis Hospice

American Legion Post 335

Applegate Fifer Pulliam

Atlas Technical Consultants

Baer City Winery

Baptist Health Floyd

Bennett Place

Benton & Associates

Best Stamp Co & Sign Design

Best Vineyards

Black Diamond Pest Control

Brightwell Behavioral Health

Brookstone Financial

Cadella's Keepsakes

Caesars Foundation of Floyd Co.

Caesars Southern Indiana

Cardinal Carryor

Carefirst Rehab
Caregiver Homes

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Duke Energy

Ed Clere – State Representative

Edward Jones – Greg Nash

Elder Advisers

First Harrison Bank

Floyd County Parks & Recreation

Floyd County YMCA

Floyd Memorial Foundation

Foundation Risk Partners

Fox Law Offices

Frederick's Blackiston Bowl

Friends of Dr. Mindy Gunn

Friends of Treva Hodges

German American Bank

Guardian Medical Monitorina

Heil's Auction Service

Hellenic Senior Living

Holsman Physical Therapy &

Rehab

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Huber's Preferred Meats

Humana

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Indiana American Water

Indiana United Way State

Employees Comm. Campaign

Insty Prints/Signs Now

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Jacobi, Toombs & Lanz

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Knights of Columbus - New

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Knights of Columbus Ladies Aux.

- Jeffersonville

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Libs Paving Co.

Little Caesars of Charlestown

LL&A Interior Design

Louisville Iron Works

MAC Construction

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McCrite Milling

Mike Baumann Indiana Farm

Bureau

NARFE

Naville & Seabrook Funeral Home

New Washington State Bank

Newcomer Cremations, Funerals

and Receptions

Ohio Valley Home Health

Old 502 Winery

Outward Bound Support Services

Owen Funeral Home

Pediatric Plus Home Healthcare

Pilot Club

Richard Poe Family Dentistry

Rotary Club - Salem, IN

Salem Veterinary Services

Samtec

Schmitt Furniture

Serenity Smile Care, LLC

Shear Perfection Salon

SIR Security

SMC Benefits Solutions

St. Croix Hospice

Stay at Home Care

TC1 Group

Temco Roofing & Construction

The Mansion on Main/

Bridgepointe Gardens

The Marketing Company

The Monarchs

The Sprigler Company

Theresa Lamb State Farm

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Travis & Amber Young

Judith Youngs Jacob Yunker Tammy Zehnder

Sunnye Zoeller-Stumler

GRANT FUNDING RECEIVED — Thank You!

Anthem/IAAAA Foundation "Produce for Better Health" Grant – funding for a new research program that will provide fresh produce to Nutrition clients and track their health outcomes.

Metro United Way – funds supporting our Rides to Go! Transportation program.

City of New Albany Community Development Block Grant –funding to support transportation needs of New Albany residents.

City of New Albany American Rescue Fund Grant –funding to support those in Floyd County needing meals on wheels through our Meals to Go! program.

Community Foundation of Southern Indiana Capacity
Building Grant – provides funds for technology upgrades in
our case management department.

Duke Energy – emergency funding to help offset rising fuel costs for our Rides to Go! program.

Federal Transit Administration Enhanced Mobility of Seniors and Individuals with Disabilities/TARC – funds provided to purchase four new Ford Transit wheelchair-accessible vehicles for our Rides to Go! program, plus funding to help upgrade our radio system from analog to digital.

Floyd Memorial Foundation – funds to purchase and implement Bingocize, a new evidence-based health and wellness program for our congregate participants.

Glick Philanthropies – funding to help with vehicle match requirement to purchase a new wheelchair accessible van.









O8/02/2022

\$ 11,000.00







DUKE

ENERGY







ABOUT LIFESPAN RESOURCES

OUR MISSION

Promoting Independent Living For People of All Ages

OUR VISION

"LifeSpan Resources will be the key organization in Southern Indiana supporting independence and quality of life for all persons through advocacy, education and client centered services."

Clients include the elderly and persons with disabilities of any age. Some of our services include home delivered meals (Meals to Go!), Transportation (Rides To Go!), and numerous in-home services. (Please visit our web site for more information on any of these services.)

Our service area includes Clark, Floyd, Harrison and Scott counties. LifeSpan Resources is one of 15 state designated Area Agencies on Aging in the state of Indiana. We are funded by state, federal and local sources, in addition to private and community foundation grants, United Way, client and private citizen donations and fundraising events. In addition, we rely on volunteers to help in many of our programs.

To access information about services and supports, or to volunteer, please contact LifeSpan Resources at 812-948-8330 (toll free: 888-948-8330), or email us at: info@lsr14.org.

LIFESPAN RESOURCES' CONGREGATE CENTERS

These centers offer a nutritionally balanced lunch each weekday. Daily programs include health and wellness programs, nutrition education and many fun socialization activities including arts and crafts, cards, games and puzzles, bingo, music and much more. Registration is required (free) and donations accepted. See our website for more information.

Clark County

Yellowwood Terrace 2100 Greentree North, Clarksville, IN 47129

Harrison County

Joe Rhoads Senior Center 123 S. Mulberry Street, Corydon, IN 47122

Floyd County

Mark Elrod Towers 1 Wolfe Trace, New Albany, IN 47150

Peggy's Place

1730 Audubon Place, New Albany, IN 47150

Scott County

Bacala Senior Center 69 E. Wardell Street, Scottsburg, IN 47170