

69 E. Wardell St.  
 Scottsburg, IN 47170  
 (812) 206-7970  
 Vol. Site Mgr.:  
 Pat Amos

# OCTOBER | 2023

## Bacala Senior Center-Scottsburg Activities



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Exercise Class 10:00 AM	3 Rummikub Game 10:00 AM	4 Produce for Better Health	5 Rummikub Game 10:00 AM	6 Exercise Class 10:00 AM
9 Exercise Class 10:00 AM	10 Servant's Heart Ministries 11:00 AM	11 Produce for Better Health Check In 10:00AM	12 Popcorn and a movie 10:00AM	13 Hampton Oaks Health Screening 10:00 AM & Bingo 10:30 AM
16 Exercise Class 10:00 AM	17 5-a-Day Nutrition Ed 10:30 AM	18 Produce for Better Health	19 In House Bingo 10:00AM	20 Exercise Class 10:00 AM
23 Exercise Class 10:00 AM	24 Peas & Carrots Nutrition Ed 10:00 AM	25 MOVIE w/ Lake Point 8:00 AM	26 Lake Pointe Bingo 10:00AM	27 Exercise Class 10:00 AM
30 Exercise Class 10:00 AM	31 Halloween Movie & Snacks 10:00 AM	1	2	3



**Congregate Meal  
Site**

*Flu Shot Awareness*

*Notes:*

**Lunch Served  
M-F @ 11:30-Noon**

**Meal sign-up required in  
advance –week ahead  
notice**

**Stress-relief Coloring  
Pages  
M-F 9:30 AM**

**Skip Bo Card Game  
M-F 9:00 AM**