

69 E. Wardell St.
 Scottsburg, IN 47170
 Kitchen: (812) 206-7970
 Health & Wellness:
 Jeff Vincent
 Vol. Site Mgr: Pat Amos

AUGUST | 2022

Bacala Senior Center-Scottsburg Activities




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Exercise Class 10:00 AM	2 Eye Health Awareness 11:00 AM	3 Exercise Class 10:00 AM	4 CareFirst BINGO 12:00 PM Euchre 1:00 PM	5 No Strings Attached" BAND 11:30 AM-1:00 PM
8 Exercise Class 10:00 AM	9 Adaptive Health BINGO 10:30 AM	10 Exercise Class 10:00 AM Purdue Nutrition Education 11:00 AM	11 Euchre 1:00 PM	12 Hampton Oaks Health Screening 10:00 AM & Bingo 10:30 AM
15 Exercise Class 10:00 AM	16 WII Bowling 10:00 AM	17 Exercise Class 10:00 AM	18 Euchre 1:00 PM	19 Exercise Class 10:00 AM
22 Exercise Class 10:00 AM	23 5-a-Day Nutrition Education 11:15 AM	24 Lake Point BINGO 10:00 AM Exercise Class 10:30 AM	25 Euchre 1:00 PM	26 Exercise Class 10:00 AM
29 Exercise Class 10:00 AM Rock Painting w/Dixie 10:00 AM	30 Rock Painting w/Dixie 10:00 AM	31 Exercise Class 10:00 AM	1 	2



*Eye Health
Awareness Month*

Notes:
**Lunch Served
 M-F @ 11:30-
 Noon**

**Meal sign-up
 required in advance
 -week ahead notice**

**Stress-relief Coloring
 Pages
 M-F 9:30 AM**

**Skip Bo Card Game
 M-F 9:00 AM**

**Puzzles
 M-F 10:00 AM**