

69 E. Wardell St.
 Scottsburg, IN 47170
 Kitchen: (812) 206-7970
 Health & Wellness:
 Jeff Vincent
 Vol. Site Mgr: Pat Amos

JANUARY | 2022

Bacala Senior Center-Scottsburg Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 ROOK Card Game 10:00 AM	4 CRAFTS w/Birdie 9:00 AM	5 Guitar Lessons w/ Sara Jane 10:00 AM Healthy Aging 11:30 AM	6 CareFirst BINGO 10:00 AM	7 "No Strings Attached" BAND 12:00 PM
10 ROOK Card Game 10:00 AM	11 Adaptive Health BINGO 10:00 AM	12 Purdue Nutrition Education 11:00 AM	13 WII Bowling 10:00 AM	14 Hampton Oaks Health Screening 10:00 AM & Bingo 10:30 AM
17 Closed Martin Luther King HOLIDAY	18 CRAFTS w/Birdie 9:00 AM "5-a-Day" Nutrition Ed	19 Lake Point BINGO 10:00 AM	20 Rock Painting W/Dixie 10:00 AM	21 WII Bowling 10:00 AM
24 ROOK Card Game 10:00 AM	25 Nutrition Ed Peas & Carrots 11:30 AM	26 WII Bowling 10:00 AM	27 Rock Painting W/Dixie 10:00 AM	28 Rock Painting W/Dixie 10:00 AM
31 ROOK Card Game 10:00 AM	1	2	3	4

New Year's Health Resolutions

Notes:
**Lunch Served
 M-F @ 11:30-Noon**
 Meal sign-up required
 in advance

Stress-relief Coloring
 Pages
 M-F 9:30 AM

Skip Bo Card Game
 M-F 9:00 AM

Puzzles
 M-F 10:00 AM