



A member of the  INconnect Alliance.

Dear Senior Games Gang and Senior Games Participants,

Senior Games 2020 – At Home Edition is almost here!

Enclosed is your packet for the week of games. You will have all week to complete the Scavenger Hunt and Trivia Contest, they must be completed no later than Noon on Friday, September 18. Each individual game must be completed on the date listed and no later than Noon on that day. Please do not start any of the games prior to Monday, September 14.

Each day we will start off with a welcome on Zoom, and end each day with the announcement of winners on Zoom. This part is **OPTIONAL**. The week before the event, you will receive an email (if we have an email on file for you; if not, please send us your email asap!) containing the Zoom invitation. If you choose not to participate in the Zoom meetings, you have everything you need in this packet to complete the games. All the information will also be posted on the LifeSpan Resources website (www.lsr14.org) and on Facebook, as well. Below are the instructions for logging on to Zoom.

1. Start the **ZOOM** app or log onto <https://zoom.us/>
2. Click the blue **“Join”** button with the **“+”** on it.
3. Enter the **Meeting ID** using the numeric keypad. (**A.M. Meeting ID: 883 4174 8224; PM Meeting ID: 857 4641 4391**)
4. Enter the **meeting** password if prompted to do so.
5. Click **“Join Meeting”**

The King and Queen for 2020 will be determined by the number of games you participate in. Each time you successfully complete a game/Scavenger Hunt/Trivia Contest, you will be entered into the drawing.

T-shirts will be ready for pick up beginning September 8 at the LifeSpan Resources office located at 33 State Street, 3rd Floor, New Albany, IN. Our office hours are Monday through Friday 8 a.m. to 4:30 p.m.

We are so excited to start the games and see your smiling faces, even if it is only virtually right now! Should you have any further questions, please contact Melissa Richardson, Director of Development at 812-206-7960 or at mrichardson@lsr14.org.

Sincerely,

Lucy Koesters
Chief Bus. Dev. Officer

Melissa Richardson
Dir. of Development

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www.lifespanresources.org



Area Agency on Aging
Clark, Floyd, Harrison, Scott Counties

2020 SENIOR GAMES – AT HOME EDITION – REVISED SCHEDULE OF EVENTS
Monday, September 14 – Friday, September 18, 2020

DATE	TIME	EVENT & LOCATION
Monday, September 14	9:00 a.m. – 10:00 a.m. ZOOM on line	Opening Remarks Wayne Perkey, Sen. Ron Grooms-Welcome Lora Clark, CEO – Welcome Instructions for Week: Melissa Richardson Instruction for Roaring Twenties Scavenger Hunt and Trivia Contest Instructions for Basketball Toss: Melissa
	10:00 a.m. – Noon	Basketball Toss – At Home Edition Complete the activity and call or email LifeSpan by Noon with your name.
	2:00 p.m. ZOOM on line	Basketball Toss-At Home Edition Awards Recognition 2 Winners, Male/Female
Tuesday, September 15	9:00 a.m. – 9:30 a.m. ZOOM on line	Mini Golf - At Home Edition Sponsor Welcome – Hellenic Sr Living Dignitary Welcome – Mayor Treva Hodges Instructions for Mini Golf At Home - Melissa
	9:30 am – Noon	Mini Golf - At Home Edition Complete the activity and call or email LifeSpan by Noon with your name.
	2:00 p.m. ZOOM on line	Mini Golf – At Home Edition Awards Recognition 2 Winners, Male/Female
Wednesday, September 16	9:00 a.m. – 9:30 a.m.	Toss’ Em – At Home Edition Sponsor Welcome – SIRH/VIBRA Health Mayor Jeff Gahan – Dignitary Welcome Instructions for Toss’Em At Home Edition
	9:30 a.m. – Noon	Toss ‘Em – At Home Edition Complete the activity and call or email LifeSpan by Noon with your name.
	2:00 p.m. ZOOM on line	Toss ‘Em – At Home Edition Awards Recognition 2 Winners, Male/Female
Thursday, September 17	9:00 a.m. – 9:30 a.m. ZOOM on line	4 and 9 Lap Walks – At Home Edition Sponsor Welcome - Communicare Mayor Mike Moore - Welcome Instructions for 4 and 9 Lap Walks - Melissa
	9:30 a.m. – Noon	4 and 9 Lap Walks – At Home Edition Complete the activity and call or email LifeSpan by Noon with your name.
	2:00 p.m. ZOOM on line	4 and 9 Lap Walks – At Home Edition Awards Recognition 2 Winners each event, Male/Female
Friday, September 18	9:00 a.m. – 9:30 a.m.	Dance Off – At Home Edition Sponsor Welcome – Masterson’s Dignitary Welcome - Rep Ed Clere Instructions for Dance Off At Home - Melissa

	9:30 a.m. - NOON	Dance Off – At Home Edition Complete the activity and call or email LifeSpan by NOON with your name.
	2:00 p.m. ZOOM on line	Dance Off – At Home Edition Awards Recognition 2 Winners, Male/Female
	2:30 p.m. Zoom on line	CLOSING CEREMONIES Announcement of Roaring Twenties Scavenger Hunt Winner– Rep Ed Clere Announcement of Winner of 1920s Trivia Contest – Rep Ed Clere King and Queen Award – Lora Clark Final Thank you to Participants, Sponsors, Staff and Volunteers – Lora Clark Final Words – Rep Ed Clere

NOTE: All Zoom sessions will be recorded and links placed on our web site home page and shared out on Facebook immediately following the call.

Senior Games 2020: The New Roaring Twenties

MONDAY: Basketball Toss



Timing: This activity will be conducted on Monday, Sept 14 beginning after Opening Remarks (on ZOOM) and continuing until Noon that day.

Instructions: At your home or small group location, use any ball that is roughly the size of a basketball – basketball, soccer ball, volley ball, beach ball, nerf ball etc; and any basket – basketball goal, laundry basket, waste paper basket, etc - that is roughly the size of a basketball goal. Standing fifteen (15) feet from the basket, make five (5) 2 pointers (goal) **in a row**.

After completing the activity you may either:

1. Email Melissa at mrichardson@lsr14.org **by Noon** or call her at 812-206-7960 on Monday, Sept 14 with confirmation that you completed the activity. Suggestion: take photos of your competition and send them to us, please!
2. You may also call in your activity confirmation to LifeSpan at 812-948-8330.
3. If the line is busy you may call Lucy Koesters' at 812-206-7938.

You will be entered into the drawing. If your name is drawn as the winner, a photographer will be dispatched to your location with your medal and to take your photo. Winners will be announced at 2:00 p.m. on ZOOM. Good luck!

Senior Games 2020: The New Roaring Twenties

TUESDAY: Mini Golf



Timing: This activity will be conducted on Tuesday, Sept 15 beginning after Opening Remarks (on ZOOM) and continuing until Noon that day.

Instructions: At your home or small group location, find a fairly flat location, indoors or out. Use a golf ball or any ball that is remotely the size of a golf ball. You can also use a ping pong ball, tennis ball, dog toy ball, or even a large paper wad ball. Next gather a cup or glass heavy enough not to move when you hit the ball in the cup. Gather a “club:” a real golf club, yard stick, broom or broom handle, etc. Stand 10 feet from your “hole,” and hit your ball into the hole. Make nine holes to complete the activity.

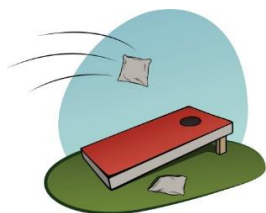
After completing the activity, you may either:

1. Email Melissa at mrichardson@lsr14.org or call her at 812-206-7960 **by Noon on Tuesday, Sept 15** with confirmation that you completed the activity. Suggestion: take photos of your mini golf “course” and your competition and email them to us for our photo albums. Please!
2. You may also call in your activity confirmation to LifeSpan at 812-948-8330.
3. If the line is busy you may call Lucy Koesters’ at 812-206-7960.

You will be entered into the drawing. If your name is drawn as the winner, a photographer will be dispatched to your location with your medal and to take your photo. Winners will be announced at 2:00 p.m. on ZOOM. Good luck!

Senior Games 2020: The New Roaring Twenties

WEDNESDAY: Toss ‘Em



Timing: This activity will be conducted on Wednesday, Sept 16 beginning after Opening Remarks (on ZOOM) and continuing until Noon that day.

Instructions: At your home or small group location, use a cornhole board, or something similar with an approximate 6” opening. Toss a bag of frozen vegetables, beans or rice into the opening – or use an actual corn hole bag if you have one. Standing twenty-seven (27) feet from the hole, you get one point for each bag on the board and three points for each bag that makes it inside the hole. **Hint: You can make a cardboard cutout for your cornhole board and prop a cup beneath the hole. There are lots of examples on Pinterest.**

Suggestion: take photos of your homemade boards and of your competition and send them to us. Please!

After completing the activity, you may either:

1. Email Melissa at mrichardson@lsr14.org or call her at 812-206-7960 **by Noon** on Wednesday, Sept 16 with confirmation that you completed the activity.
2. Or, you may call in your confirmation to LifeSpan at 812-948-8330.
3. If the line is busy you may call Lucy Koesters’ at 812-206-7938.

You will be entered into the winner’s drawing. If your name is drawn as the winner, a photographer will be dispatched to your location with your medal and to take your photo. Winners will be announced at 2:00 p.m. on ZOOM. Good luck!

Senior Games 2020: The New Roaring Twenties

THURSDAY: 4 & 9 Lap Walks



Timing: This activity will be conducted on Thursday, Sept 17 beginning after Opening Remarks (on ZOOM) and continuing until Noon that day.

Instructions: At your home or small group location, for the 4 lap walk event, walk a total of ½ mile around your house, subdivision or at a nearby park. For the 9 lap walk event, please walk a total of one (1) mile. If you are entering both events, you will walk a total of 1.5 miles.

After completing the activity, you may either:

1. Email Melissa at mrichardson@lsr14.org or call her at 812-206-7960 **by Noon on Wednesday, Sept 16** with confirmation that you completed the activity. Suggestion: Take a picture of yourself and/or your small groups completing your walk (s) and email it to Melissa before Noon so we can share your great work!
2. You may also call in your activity confirmation to LifeSpan at 812-948-8330.
3. If the line is busy you may call Lucy Koesters' at 812-206-7938.

You will be entered into the winner's drawing for either or both of the events (4 and 9 lap walks). **PLEASE SPECIFY.** If your name is drawn as a winner, a photographer will be dispatched to your location with your medal and to take your photo. Winners will be announced at 2:00 p.m. on ZOOM. Good luck!

Senior Games 2020: The New Roaring Twenties

FRIDAY: Dance Contest



Timing: This activity will be conducted on Friday, Sept 18 beginning after Opening Remarks (on ZOOM) and continuing until Noon that day.

Instructions: At your home or small group location, you will dance the **Foxtrot, Waltz, the Charleston and the Tango**. There are many instructional videos on YouTube. Just search on How to Dance the (Dance Name) for Beginners. Also, search in YouTube for music to accompany each of your dances. There are many ballroom mixes to be found. Hint: you may want to look up these videos before the event day. Also, it's fun to look up dance videos from the 1920s. Give it your best shot and have someone take a cell phone video of you with your twinkle toes!

After completing the activity, you may either:

1. Email Melissa at mrichardson@lsr14.org or call her at 812-206-7960 **by Noon on Friday, Sept 18** with confirmation that you completed the activity. Please send us a video or selfie!
2. You may also call in your activity confirmation to LifeSpan at 812-948-8330.
3. If the line is busy you may call Lucy Koesters' at 812-206-7938.

You will be entered into the drawing. If your name is drawn as the winner, a photographer will be dispatched to your location with your medal and to take your photo. Winners will be announced at 2:00 p.m. on ZOOM. Good luck!

Senior Games 2020: The New Roaring Twenties

Roaring Twenties Scavenger Hunt



Timing: This activity will be conducted during the week of Senior Games. It will begin after Opening Remarks on Monday Sept 14 and last until Noon on Friday Sept 18. You have the entire week to find the items.

Instructions: Find the following items and check them off the list. Take photos of the individual items or you may group the items in one shot.

Email Melissa at mrichardson@lsr14.org by Noon on Friday Sept 18 with your photos, and confirmation that you finished the activity. You will be entered into a door prize drawing! Good luck!

1. Louis Armstrong, Duke Ellington, Bessie Smith or Bing Crosby album
2. 1920s fruit punch (Hint: you can make your own)
3. Any novel by F. Scott Fitzgerald, Ernest Hemingway or Gertrude Stein
4. Ford Model T
5. Long thin cigarette holder
6. The Spirit of St Louis
7. Art Deco piece
8. Flapper (Hint: you can dress up like one!)
9. Mickey Mouse (he was born in the 1920s)
10. Women's Suffrage memorabilia
11. Babe Ruth memorabilia
12. Instructions for dancing the Charleston, Fox Trot, or Swing
13. Radio from the 1920s ("Talking Box")
14. Bingo card (Bingo reached the US in the late 1920s)
15. Strand of pearls
16. Fedora
17. Feather Boa
18. Saxophone
19. Hug a flagpole
20. Al Capone

Senior Games 2020: The New Roaring Twenties

Roaring Twenties Trivia Contest



Timing: This activity will be conducted during the week of Senior Games. It will begin after Opening Remarks on Monday Sept 14 and last until Noon on Friday Sept 18. **You have the entire week to answer the questions.**

Instructions: Research and answer the questions. Take a photo of the completed trivia questions and email it to Earlene, or scan it in and email it.

Email Earlene at ebennett@lsr14.org **by Noon** on Friday Sept 18 with your photos, and confirmation that you finished the activity. You will be entered into a door prize drawing! Good luck!

1. Became president after Harding died; re-elected to office in 1924.
 - a. John Scopes
 - b. Herbert Hoover
 - c. Calvin Coolidge
 - d. Henry Ford
2. A low-cost automobile invented by Henry Ford
 - a. Chrysler
 - b. GMC
 - c. Model T
 - d. Model S
3. A president elected in 1928 with promises of more prosperity.
 - a. Calvin Coolidge
 - b. Mrs. Burrows
 - c. George Washington
 - d. Herbert Hoover
4. A production system that moves parts between groups of workers
 - a. Moving assembly line
 - b. Model T line
 - c. Production line
 - d. Incentive
5. Young women in the 1920's who challenged traditional women's roles were called _____.
 - a. Nurses
 - b. Flappers
 - c. Teachers
 - d. Babysitters
6. A period of fear of Communists and radicals in the United States was known as the _____.
 - a. Industrial Revolution
 - b. Scare Times
 - c. Red Scare
 - d. Prohibition
7. The _____ repealed prohibition.
 - a. 21st amendment
 - b. 1st amendment
 - c. 18th amendment
 - d. 27th amendment
8. The _____ was the movement of African Americans to northern cities.
 - a. Big Migration
 - b. Mass Migration
 - c. Great Migration
 - d. Southern Migration
9. The black leader who encouraged an independent black economy was _____.
 - a. Marcus Garvey
 - b. John Scopes
 - c. Al Capone
 - d. Langston Hughes

10. A motion picture with sound was also known as a _____.
 - a. Walkie
 - b. Speak Easy
 - c. Talkie
 - d. Jazz
11. _____ was the main name given to the 1920's due to the popularity of jazz music.
 - a. Music Age
 - b. Jazz Age
 - c. Blues Age
 - d. Big Band Age
12. Poet and writer who wrote about African American life.
 - a. Langston Hughes
 - b. F. Scott Fitzgerald
 - c. Bessie Smith
 - d. Earnest Hemingway
13. How did bootleggers and speakeasies cause problems for federal authorities during prohibition?
 - a. They started organized crime
 - b. Jazz singers were performing
 - c. They went against religion and tradition
 - d. They were secret
14. Who was Louis Armstrong
 - a. Famous rapper
 - b. Famous jazz musician
 - c. Famous country singer
 - d. Famous poet
15. What state was the first to elect a woman governor in 1925?
 - a. Alabama
 - b. Ohio
 - c. Arizona
 - d. Wyoming
16. What feat did Charles Lindbergh accomplish in 1927?
 - a. Flying across the Atlantic around the world
 - b. Flying across the Pacific around the world
 - c. Flying across the Gulf of Mexico around the world
 - d. Flying across the Bering Sea around the world
17. What famous book did F. Scott Fitzgerald write?
 - a. The Great Gatsby
 - b. Moby Dick
 - c. To Kill A Mockingbird
 - d. Pride and Prejudice
18. What war ended right before the roaring twenties?
 - a. World War II
 - b. World War I
 - c. The Civil War
 - d. The Spanish War