



Promoting Independent Living for People of all Ages

A member of the connect Alliance.

Promoting independent living for people of all ages.

Fiscal Year 2017 Annual Report

Message from LifeSpan's CEO & Board President

The vast majority of people say they want to live out their lives in their own homes, with as much independence and dignity as possible. LifeSpan's mission is to do just that.

We carry this out with an array of in-home services, such as Meals To Go!, personal and attendant care, personal emergency response buttons, home modifications and other services. But our help goes much further with options counseling, care coordination, and transportation. For our more active clientele, we have hot lunch/congregate meal sites with health and wellness activities, our Senior Games annual event, and our Senior Games Gang membership program.

While our primary funding comes from government programs, we also rely heavily on the generosity of individual donors (who often have family members supported by LifeSpan), private grant funders and business sponsors.

Here are a few highlights of a successful 2017:

- In April, our former Executive Director, Keith Stormes, retired and our new CEO, Lora Clark, came on board. Lora is a registered nurse who brings a wealth of health care experience to LifeSpan. She previously served as Director of Home Care for Baptist Health Louisville, and as Executive Director of Home Health Care for Baptist Health Floyd.
- In May, we hosted our first annual Provider Fair at St. Marks Church in New Albany. The fair was a terrific way to connect our many care providers with our own care coordinators, who authorize and refer much service on behalf of our clients.
- In June, our Transportation program acquired two new wheelchair-accessible vans, and a new GPS-based scheduling system, bringing our program up to today's technological standards.
- In June, we hosted our most successful Senior Games event ever, with more sponsors and tons of fun.
- Last but not least we ended a successful year in the black, serving more clients, while adding to our reserve fund.

It's been said that LifeSpan Resources is the best kept secret in town. In 2018, we aim to be the best known resource in town!

While we may pause to celebrate our accomplishments, there will be no stopping us as we push forward into 2018. We are deeply grateful for your support as we continue to serve the growing need for long-term services and supports to help our clients live independently.

Thank you for joining the LifeSpan movement!



Lora Clark
Chief Executive Officer,

Lora Clark



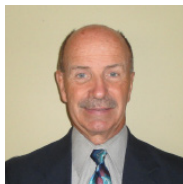
Candy Barksdale
Board of Directors, President,

Candice C. Barksdale

Board of Directors



Candice Barksdale
President
Clark County



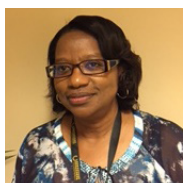
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Vice President
Clark County



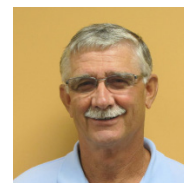
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Programs

Advocacy

Our agency represents senior citizens through membership in human service associations and state and national legislative networks. It also sponsors Golden Hoosier Award and Senior Games. The Advocacy Committee acts on legislation that affects the elderly and disabled population and/or the agency and its programs. **283 individuals participated in Senior Games.**

Aging and Disability Resource Center

The ADRC is a trusted place where people can turn for information on a full range of long-term support options. As such, it provides an enhanced level of information and assistance/referral to the community improving their ability to make informed choices. Options Counselors focus on individual needs and preferences by providing information/assistance and referrals to persons seeking solutions to their specific long-term care issues. **4,656 contacts were made through the ADRC. 1,485 of these were for Options Counseling via telephone or in person.**

Advisory Council

Wilma Sadler Morton, President
Patti Ballard, Secretary
Bobbie Brawner, Vice President
Marty Brame
Joyce Cain
Martina Snyder
Beth Preher, Secretary
Terry Sklodoski
Kasandra Ramsey
Alma Harris
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Tara Avis
Becky Jaenichen
Malinda Hart

Case Management

LifeSpan Resources serves as the single entry point into a variety of supportive services for frail older persons and individuals with disabilities who have multiple health care needs. The Case Manager helps identify needs and links persons with home and community-based services so they may remain in the community. **Case Management and Screenings totaled 195,714 units.**



Community-based Care Transition Program

LifeSpan Resources has partnered with an Indiana Medicaid Managed Care Entity, to provide care transition services to their Hoosier Care Connect program members who are at high risk of readmission to the hospital. Our Managed Care Options Counselors conduct face to face in-home assessments, work closely with nurse case managers, educate patients about the benefits of their health plan and refer them to community resources. **39 patients were referred for Care Transitions assistance.**

Family Caregiver Program

LifeSpan Resources connects caregivers to community resources particular to their caregiving needs including Respite Care and other supportive services. **11,378 contacts were made.**

In-Home Services

The In-Home Services Program provides at risk older persons and persons with disabilities with an array of services to enable them to live independently. Eligibility varies based on funding sources utilized. Care management, attendant care, home delivered meals, adult day care, respite care, home-maker, home health aide, transportation, minor home modifications and adaptive aids and devices are among services provided. **In-Home Services provided 124,304 units last year.**

Legal Services

Our agency funds an attorney who provides legal assistance to persons age 60 and over. **782 units (Pro-Bono included) in Legal Services provided.**

MFP

The Money Follows the Person program (MFP) was developed to help individuals living in institutional settings such as nursing homes to move to home and community-based settings. Care Coordinators provide transition support, intensive follow up for 6 weeks after the initial move, and then on-going care coordination. **LifeSpan Resources has assisted 15 eligible persons to transition back into the community.**

Nutrition Program

The nutrition program has two components: Congregate and Home Delivery. The Congregate Program provides a hot mid-day meal Monday through Friday to older adults at 7 congregate nutrition sites. Homebound clients receive a 7 pack of frozen meals weekly through our Meals to Go! program.

In 2017 we served a total of 104,078 meals: 46,589 Congregate Meals and 57,489 Home Delivered Meals. The nutrition program also distributed 640 farmers market vouchers to the elderly.

Preventative Health

LifeSpan provides monthly health screenings at nutrition sites and periodic educational programs on health topics. **8,044 contacts were made through Health Screenings and Education last year.**

SHIP

Our SHIP Counselors (State Health Insurance Assistance Program) screen clients for financial assistance programs that help to pay for medications, Medicare co-pays, deductibles and premiums. They also provide non-biased prescription plan comparison reviews each year to Medicare beneficiaries during the Part D Open Enrollment Period. **2,796 clients were helped with various types of benefits assistance.**

Transportation

LifeSpan Transportation furnishes transportation to life-sustaining therapies, medical appointments, nutrition sites, social service organizations and other locations for persons age 60+ and persons with disabilities. The program is a Medicaid provider for individuals of all ages. **Transportation provided 15,042 trips last year.**

Volunteer

LifeSpan offers volunteer opportunities in a variety of programs including Nutrition (meal sites), Administrative, Advocacy, Board of Directors, Fundraising and Senior Games. **LifeSpan utilized 160 volunteers in 2017, who donated a total of 6,383 hours.**

Nutrition Sites

Clark County: Yellowwood Terrace, 2100 Greentree North, Clarksville, IN, 47129

Kindred Sellersburg, 7823 Old State Road 60, Sellersburg, IN, 47172

Harrison County: Joe Rhoads Senior Center, 123 S. Mulberry Street, Corydon, IN, 47112

Palmyra Senior Center, 13584 Greene Street NE, Palmyra, IN, 47117

Floyd County: Riverview Towers, 500 W. Scribner Drive, New Albany, IN, 47150

Peggy's Place, 1730 Audubon Place, New Albany, IN, 47150

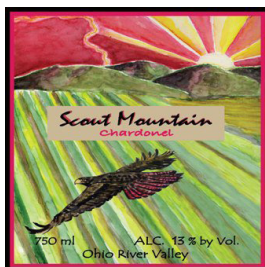
Scott County: Bacala Senior Center, 69 E. Wardell, Scottsburg, IN, 47170



Vino at the Casino Sponsors

Thank You!

— Thank you Horseshoe Southern Indiana —



Corporate Sponsors

Adaptive Nursing & Healthcare
Green Valley Care Center
Horseshoe Southern Indiana

Kindred Healthcare
Ohio Valley Home Health
State Representative Ed Clere

Additional Support

Bennett Place
CyberTek
Elk Run
Help at Home
Home Helpers
Horseshoe Heroes

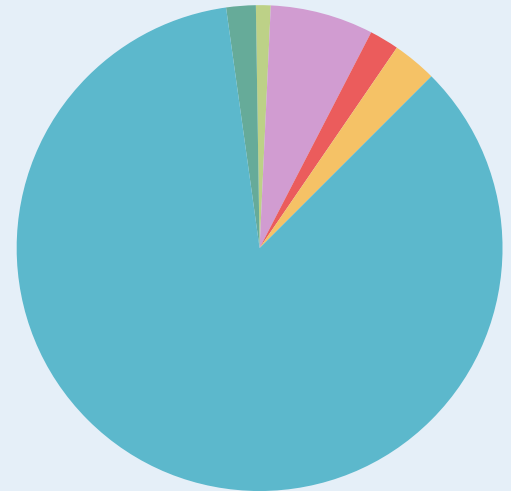
Judge Susan Orth
Kaiser Home Support Service
Lincoln Hills
Providence Retirement Home
VFW Post 3281
Westminster Terrace



Financials

INCOME

| | | |
|-------------------------|--------------------|----------------|
| Contract/Program Income | \$4,991,876 | 86.96% |
| Grant Income | \$85,471 | 1.49% |
| Donations | \$29,017 | 0.51% |
| In-Kind Income | \$386,208 | 6.73% |
| Fundraising Income | \$73,834 | 1.29% |
| Miscellaneous Income | \$173,836 | 3.03% |
| TOTAL | \$5,740,243 | 100.00% |



Expenditures

| | |
|---------------------------------|--------------------|
| Information & Assistance | \$20,516 |
| Transportation | \$546,010 |
| Medicaid Transportation | \$173,093 |
| Scott County Outreach | \$2,239 |
| Case Management | \$476,547 |
| Options Counseling | \$335,036 |
| In-Home Services | \$794,518 |
| Medicaid Waiver | \$1,335,142 |
| Legal Services | \$42,748 |
| Health Screenings/Education | \$20,528 |
| Ombudsman | \$45,539 |
| Congregate Meals | \$557,358 |
| Meals To Go | \$423,146 |
| Administration | \$294,639 |
| Fundraising | \$18,361 |
| Family Caregiver | \$154,998 |
| State Health Ins. Asst. Program | \$4,658 |
| Anthem | \$5,023 |
| Other | \$58,311 |
| TOTAL | \$5,308,410 |

Balance Sheet

ASSETS:

| | |
|---------------------------|--------------------|
| Cash and Grant Receivable | \$2,768,005 |
| Medicaid Receivable | \$34,168 |
| Other Assets | \$155,016 |
| Fixed Assets | \$240,766 |
| TOTAL ASSETS | \$3,197,954 |

LIABILITIES:

| | |
|--------------------------|------------------|
| Accounts Payable | \$143,934 |
| Payroll Withholdings | \$1,108 |
| Accrued Expenses | \$239,054 |
| TOTAL LIABILITIES | \$384,096 |

NET ASSETS:

| | |
|-------------------------|--------------------|
| Temporarily Restricted | \$9,727 |
| Unrestricted | \$2,563,366 |
| Unrestricted Assets | \$240,766 |
| TOTAL NET ASSETS | \$2,813,858 |

| | |
|---|--------------------|
| TOTAL LIABILITIES & NET ASSETS | \$3,197,954 |
|---|--------------------|

Donors

| | | |
|---------------------------------|--------------------------------|-------------------------------|
| Kenny & Stacy Adams | Lora & Rob Clark | Michael & Mary Gilbert |
| Adaptive Nursing and Healthcare | Mitchell & Jeanna Clark | Edna Geswein |
| American Senior Communities | Clark Memorial Hospital | Dottie Gibson |
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| Baptist Health Floyd | Culbertson Home for Old Ladies | Guardian Medical Monitoring |
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| Joyce Cain | Wayne Fogel | Linda & Ralph Hines |
| JoAnn Callewaert | Mary Alice Fortener | Steven & Kris Hirsch |
| Care First | Fox Law Offices | Joyce Hood |
| Caregiver Homes | Mary Fox | Hosparus Health |
| Patrick Carney | Greater North Clark | Hillcrest Palliative Care |
| Michael & Charlene Caufield | Healthcare Fdn | Steven & Nancy Holiday |
| Will Chandler | Mayor Jeff Gahan | Horseshoe Fdn Floyd |
| Marilyn Christiansen | Barbara Gardner | Horseshoe Southern IN |
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Lifespan Resources is very proud and appreciative of the support our agency receives from local donors.

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Bob & Reda York

Disclaimer: Every effort has been made to list all donors. If your name is not here, please let us know; and accept our sincere apologies.

Senior Games Sponsors — Thank You!

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Masterson's Catering
Senior Games Gang

Diamond (\$2,000 - \$4,999)

Adaptive Nursing and
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American Senior Communities
Hosparus Health
Kindred Healthcare
WesBanco
Williams Brothers Health Care

Gold Star (\$1,000 - \$1,999)

Baptist Floyd
Green Valley Care Center
Kaiser Home Support Service
Representative Ed Clere
Southern Indiana Rehab
United Parcel Service
Westminster Village

Silver Star (\$500 - \$999)

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Hospital
Guardian Medical
Horseshoe Southern Indiana
Humana Market Point
Lincoln Hills
Newcomer Funeral Home
Seabrook, Dieckmann &
Neville Funeral Home
Trilogy Health Services



Grant Funding Received — *Thank You!*

Family and Social Services Administration/Indiana Division of Aging:

To support the needs of the elderly and disabled individuals in Clark, Floyd, Harrison and Scott Cos, Indiana.

Greater North Clark Health Foundation:

Funding to provide vehicle match supporting the transportation needs of clients in North Clark county.

Healthier Community Initiative Mini Grant (through Baptist Health Floyd Foundation):

funding to provide the Active Living Every Day health and wellness program in the community.

Harrison County Community Foundation:

funding to divert Harrison county clients from the Meals to Go! waiting list.

Horseshoe Foundation:

funding to divert Floyd county clients from the Meals to Go! waiting list.

Meals on Wheels America:

funding to provide pet food to the pets of our home delivered meals clients.

Metro United Way:

funding to support the transportation needs of clientele in Clark, Floyd and Harrison counties.

Federal Transit Administration Enhanced Mobility of Seniors & Individuals with Disabilities:

Section 5310 (through Transit Authority of River City): funds to purchase two wheelchair-accessible vehicles to support the transportation needs of clients in Harrison, Clark and Floyd counties.

Scott County United Way:

funding to support the transportation and outreach needs of clients in Scott county.



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FLOYD



Greater North Clark Health Foundation



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and healthy decisions for
children and *adults*?

