

Fall
2016
Special
Issue

LifeSpan Resources, Inc.

Life Notes

MISSION STATEMENT

Promoting independent living for people of all ages.

Fiscal Year 2016 Annual Report

From the desk of the Executive Director

For some it was a lifetime ago. For others it seems like only yesterday. The year was 1973 and the Watergate hearings had just gotten under way. George Steinbrenner bought the Yankees for \$12 million. Elvis performed his Aloha Concert in Hawaii. Secretariat won the Triple Crown of Racing, and LifeSpan Resources (aka Area Agency on Aging #14) was born.

From a seed money grant of \$18,000 LifeSpan Resources has evolved into a multi-million dollar agency. We have expanded from a one-person staff to employing over 70 today. We have grown from having fewer than 100 clients to serving more than 13,000 annually.

In 1973, Thelma Bertrand was hired as the agency's first Executive Director, followed by Pat Jewell Howard in 1984, who turned the reigns over to me in 2007. I feel privileged to be one of only three Executive Directors of LifeSpan, while the country is in the midst of its eighth Presidential change during that same time frame.

I will be retiring in March of 2017 and we will soon begin a search for LifeSpan's fourth Executive Director. I take great comfort in knowing the agency has never been in better shape both fiscally and personnel wise.

Giving credit where credit is due; there is a direct correlation between LifeSpan's steady progress and the tireless efforts of our talented and dedicated staff. Combine that with the experienced and compassionate leadership of our Board of Directors, and continued success is all but a certainty.

In wrapping up my final Annual Report letter, I just want to say what a gratifying and fulfilling experience it has been to work with so many quality individuals while serving the elderly and disabled of Southern Indiana.

Thank you for all of your support and God Bless.



Keith E. Stormes
Executive Director



NUTRITION SITES

Corydon - Rick Haines - 812-738-7603

Palmyra - Jenny Kirkham - 812-364-6106

Riverview - Pat Sullivan - 502-345-8699

Scottsburg - Benita Livers - 812-206-7976

Yellowwood Terrace - Benita Livers 812-206-7962

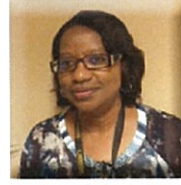
Board of Directors



Candice Barksdale,
President



Ward Weber,
Vice President



Rutha Stone-Stallworth,
Treasurer



Nathan Samuel,
Secretary



Patricia Baker



Barbara Crecelius



Mary Alice Fortener



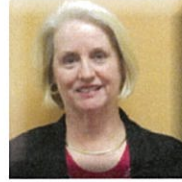
Jeff Gahan



James Goldman



Lisa Heideman



Annette Roberts



Ishmael White

ADVISORY COUNCIL

Marty Brame, President

Beth Preher, Vice President

Patti Ballard, Secretary

Prestina Bacala

Tabitha Binder

Bobbie Brawner

Joyce Cain

Glen Hammack

Alma Harris

Debra Hublar

Janice Redden

Bill Resch

Wilma Sadler Morton

Terry Sklodoski

Desley Snyder

Martina Snyder

Marilyn White

Community-based Care Transition Program

LifeSpan Resources has partnered with an Indiana Medicaid Managed Care Entity, to provide care transition services to their Hoosier Care Connect program members who are at high risk of readmission to the hospital. Our Managed Care Options Counselors conduct face to face in-home assessments, work closely with nurse case managers, educate patients about the benefits of their health plan and refer them to community resources.

91 patients were referred for Care Transitions assistance.

Legal Services

Our agency funds an attorney who provides legal assistance to persons age 60 and over.

301 hours (Pro-Bono included) in Legal Services provided.



Staff Recognition

Every year LifeSpan recognizes staff for their commitment to our clients and programs.

Keith Stormes, Executive Director, was honored to recognize two of our long-term employees this year. LifeSpan Resources has been in existence for 42 years and both of these staff members have been here for 35 of those years. Thank you Earlene and Vickie for your commitment!



Earlene Bennett, Executive Assistant



Vickie Medlock, Deputy Director Aging and In-Home Services

In-Home Services

The In-Home Services Program provides at risk older persons and persons with disabilities with an array of services to enable them to live independently. Eligibility varies based on funding sources utilized. Care management, attendant care, home delivered meals, adult day care, respite care, homemaker, home health aide, transportation, minor home modifications and adaptive aids and devices are among services provided.

In-Home Services provided 144,558 units last year.

SHIP

Our SHIP Counselors (State Health Insurance Assistance Program) screen clients for financial assistance programs that help to pay for medications, Medicare co-pays, deductibles and premiums. They also provide non-biased prescription plan comparison reviews each year to Medicare beneficiaries during the Part D Open Enrollment Period.

1,863 clients were helped with various types of benefits assistance.

Aging and Disability Resource Center

The ADRC is a trusted place where people can turn for information on a full range of long-term support options. As such, it provides an enhanced level of information and assistance/referral to the community improving their ability to make informed choices. Options Counselors focus on individual needs and preferences by providing information/assistance and referrals to persons seeking solutions to their specific long-term care issues.

5,390 contacts were made through the ADRC.

1,794 of these were for Options Counseling via telephone or in person.

Care Management

LifeSpan Resources serves as the single entry point into a variety of supportive services for frail older persons and individuals with disabilities who have multiple health care needs. The Care Coordinator helps identify needs and links persons with home and community-based services so they may remain in the community.

Care Management and Screenings totaled 196,097 units.

Thank you to the following funders and foundations who help us continue providing services to the elderly and disabled.

**Culbertson Home for Old Ladies
Board of Directors**

**Harrison County Community
Foundation**

**Horseshoe Foundation of Floyd
County**

Metro United Way

United Way of Scott County

**Family and Social Services
Administration / Indiana Division
of Aging**

Advocacy

Our agency represents senior citizens through membership in the Human Services Associations and state and national legislative networks. It also sponsors the Golden Hoosier Award and Senior Games of Indiana. In 2010 the agency launched an Advocacy Committee whose purpose is to act on legislation that affects the elderly and disabled population and/or the agency and its programs.

308 individuals participated in Senior Games and 515 clients were assisted through the Senior Citizens Angel Tree.

Nutrition Site Manager, Rick Haines, leads a Tai Chi for Arthritis class at Joe Rhoads Senior Center in Corydon. He

teaches this on an on-going basis at the center several days a week. This is an evidence-based wellness program that greatly benefits his participants in helping them deal with the pain associated with arthritis. The program also stresses balance for falls prevention and helps participants gain confidence in taking control of their own well-being.

BALANCE SHEET	
ASSETS:	
Cash and Grants Receivable	\$2,352,550
Medicaid Receivable	50,670
Other Assets	40,074
Fixed Assets	50,404
TOTAL ASSETS	\$2,493,699
LIABILITIES:	
Accounts Payable	\$96,412
Payroll Withholdings	0
Accrued Expenses	205,624
TOTAL LIABILITIES	\$302,036
NET ASSETS:	
Temporarily Restricted	\$8,180
Unrestricted	2,133,079
Unrestricted Assets	50,404
TOTAL NET ASSETS	\$2,191,663
TOTAL LIABILITIES AND NET ASSETS	\$2,493,699



Thank you to Horseshoe Southern Indiana for 10 years of continued support.

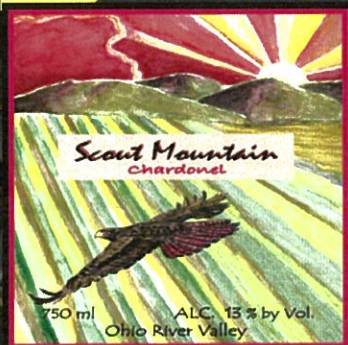
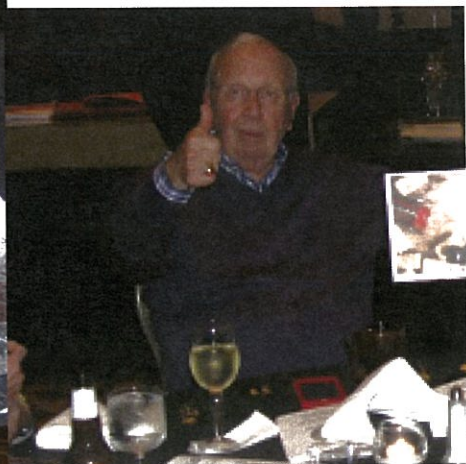


HORSESHOE.
SOUTHERN INDIANA

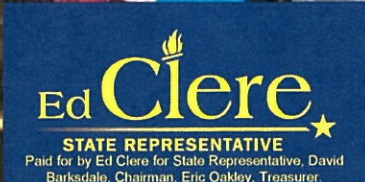
It was an amazing night, filled with lots of great wine, delicious food, good friends and fundraising. Thank you to everyone who joined in on the fun!



their



vineyards



SESHOE
DATION
YD COUNTY

Information and Referral \$19,860



Outreach \$4,261
Legal Services \$20,859
Other \$35,820

Health Screenings/Education \$29,307

ADRC/Options Counseling \$40,462

Fundraising \$24,894

Ombudsman \$32,966

Anthem \$33,075

Senior Health Insurance \$14,419

Family Caregiver \$154,819



Administration
\$200,382

Congregate Meals
\$540,078



Transportation
\$618,963

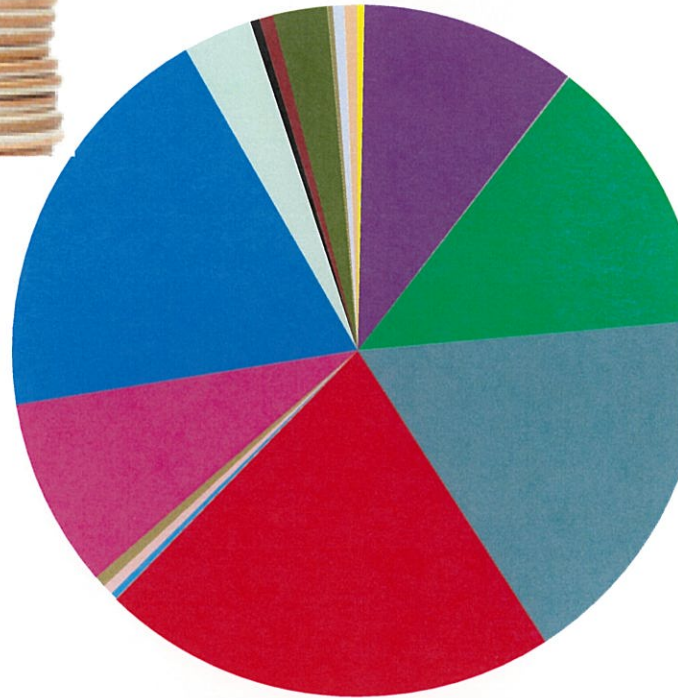
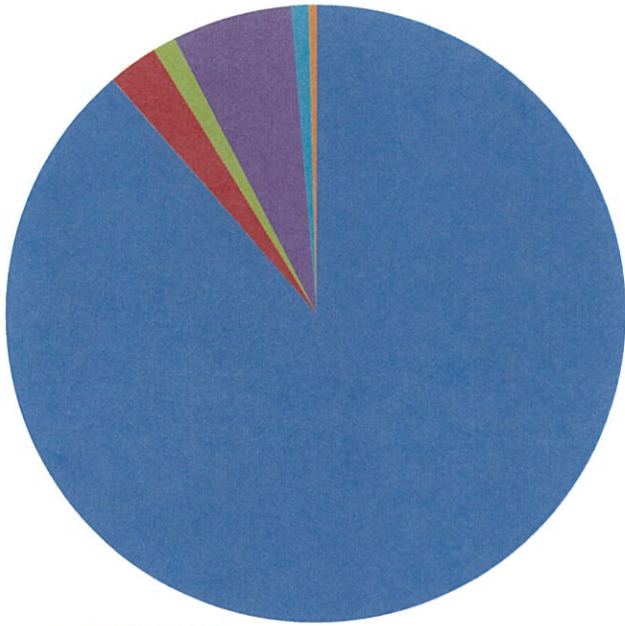
In-Home Services
\$1,053,203

Meals To Go!
\$1,175,212

Medicaid Services
\$1,308,011



Care Management /
Screenings
\$796,941



Donations \$71,864

Fundraising \$57,030

Miscellaneous Income \$24,058



Grant Income
\$156,070



In-Kind Income
\$370,378



Contract/Program Income
\$5,300,156





LifeSpan Board members Mary Alice Fortener and Annette Roberts stand next to Keith Stormes holding INConnect Alliance map as Yonda Snyder, State Rep. Ed Clere, and Division of Aging Deputy Director Debbie Pierson look on.

Family Caregiver Program

Connects caregivers to community resources particular to their caregiving needs including Respite Care and other supportive services.

5,553 contacts were made.

Health Facility Pre-Admission Screening

Mandated by state law, this program helped prevent unnecessary placement in nursing homes of individuals whose long-term care needs can best be met by community services in their own homes.

3,120 applications were processed.

Transportation

Furnishes transportation to medical appointments, nutrition sites, social service organizations and other locations for persons age 60+ and persons with disabilities. The program is a Medicaid provider for individuals of all ages.

Transportation provided 21,960 trips last year.



LifeSpan staff
"Go Red for
Women"
in support of
National Wear
Red Day 2016.

Nutrition Program

Provides a hot mid-day meal Monday through Friday to older adults at congregate nutrition sites. Homebound clients receive a 7 pack of frozen meals weekly.

In 2016 we served a total of 242,701 meals: 38,281 Congregate Meals and 204,420 home delivered meals.

Preventative Health

Provides monthly health screenings at nutrition sites and periodic educational programs on health topics.

5,673 contacts were made through Health Screenings and Education last year.



Meals Delivered to Your Door

www.lifespanresources.org
812-948-8330



Staff Recognition

Keith Stormes, Executive Director, was honored to recognize Benita Livers, Nutrition Coordinator, for her five years of dedication to the Nutrition Program. Thank you Benita!

Ongoing funding to transition and divert Harrison County clients from the Meals To Go! Waiting List was received from the Harrison County Community Foundation.
THANK YOU!!



Funding to provide the "Active Living Every Day" program in our Nutrition Sites was received through the Healthy Communities Initiative from the Floyd Memorial Foundation.
THANK YOU!!

Give Local Louisville

This year, LifeSpan was excited to participate in Give Local Louisville, a 24-hour online giving day that supports the local nonprofits doing great work in our community, like LifeSpan Resources.

The date was September 15th and thanks to so many of our great supporters stepping up we were able to raise enough funding to provide nearly 1,000 home delivered meals or 400 rides for medical treatment to the frail elderly of our community. Thank you for your support!



THANK YOU

for your support of the 2016 Senior Games of Indiana!



**In Memory of
Janice Taylor****Paul Taylor****In Memory of
Betty Back****Lois Ann Hunn****In Memory of
Wm. D. Same****Annetta Same****Thank you for your support over the past quarter!**

Anonymous (5)	Kelley Alexander	Mike & Linda Allen	Lisa Angell
Don & Wanda Bacon	Candy & John Barksdale	Orion Bell	Mike & Earlene Bennett
Ken & Judy Berzof	Phyllis Black	Rita Blevins	Raymond Branham
Michelle Brantley	Bobbie & Jo Brawner	Budget Services	Joann Callewaert
Patrick Carney	Cecilia Carson	Rick Casteel	Joseph Cavallo
Marilyn Christiansen	Martha Cox	Barb & Phillip Crecelius	Joe Davidson
Ed Dean Sr.	Chelsea Dodson	Gerald & Connie Dunn	David & Charlotte Eckerty
Vicky & Ray Elmore	David Eve	Carolyn Faulkenburg	Jerry & Jill Finn
Mary Alice & Ed Fortener	Mary Gardner	Mike & Sharon Gardner	Edna Geswein
Dottie Gibson	Michael & Mary Gilbert	Michael & Pam Gladish	David & Amelia Goffinet
Judy & Michael Gough	Bob & Loren Grahek	Dian Hackel	Ray & Phyllis Hammond
Malinda & Angus Hart	John & Martha Hartstern	Eunice Hasselbring	John Hicks
Lana Himmelheber	Joyce Hood	Linda & Ralph Hines	Carmen & Betty Hottell
Pat & Jim Howard	Debra & Mike Hublar	Shelly Humphrey	Kristina Insignares
Interim Healthcare	Freda Jahn	David Johnson	Alice Julius
Carol Kaufmann	Norma Keller	Lucy Koesters	Virginia King
Teeny Kraisinger	Jenn Kuchenbrod	Patsy Leach	Tim Lengel
Ron & Trudy Lewis	Mary Lowe	Ruth Lynch	Angela Marino
Debra McCoskey-Reisert	Dr. James McCullough	Vickie Medlock	Amber Medlock
Leslie Meek	Marianne Meisel	Steve & Candy Meyer	Ramona & Chuck Miller
Betty Morgan	Steve & Tamara Morris	Sue & Kenny Mueller	Timothy & Julie Naville
Ashley Nelson	Gail Oerther	Dale Orem	Pat Paul
Jean Pittman	Russell Porras	Beth Preher	Joy Purvis
Rich & Carol Ralph	Fred & Anne Ralston	Glen & Pat Reis	Bill & Rebecca Resch
Sarah Reynolds	Leonard Rice	Larry & Peggy Richards	Wilbur & Helen Richmer
Annette Roberts	Carrie Rogers	Sacred Heart	Carroll & Joyce Schafer
Clarence Schaftlein	Charlie Schladand	Merlyn Schleicher	Carolyn Schueler
Marilyn & Tom Scott	J. Robert Shine	Herb & Beverly Sibert	Terry & Jinny Sklodoski
Maxine & Orville Spurgeon	Stay At Home Care	Cindy & Randy Stephens	Berneta Stillman
Karen Stone	Allan & Carol Stormes	Keith & Lezli Stormes	Nancy Summers
Tera Swift	Bill & Doris Jane Tabor	Eric & Kristy Taylor	Julie Taylor Wilson
Joyce Thomas	Sallie Jo Tomes	Carol Vance	Susan Vaulet
Tex & Bunky Very	Joe & Mary Wafford	Karen & Page Walker	Patty Walters
Ward & Pam Weber	Tony Weigleb	Flo Wessel	Robert & Marilyn White
Nadine Wilinon	Bruce Williams	Vi Wilson	Gary & Carol Woodling
		Carolyn Woods	Bob & Reda York



**LifeSpan Resources is very
proud and appreciative of
the support our
agency receives
from local donors.**



Thank you to our Fiscal Year 2016 donors. YOU are behind all that we are able to accomplish.

Dolly Adams	Jerry & Jill Finn	Ron & Trudy Lewis	Mary Ann & Don Sodrel
Stacy & Kenny Adams	Floyd Co. Parks Dept	Carolyn Lindsey	Southern Indiana Rehab Hospital
Adaptive Companion Care Svcs.	Floyd Memorial Hospital	Ruth Lynch	Margaret Speaker
American Commercial Lines	Floyd Memorial Hospital Foundation	Charlie Marking	Robert & Pamela Spiller
American Senior Communities	Mary Alice & Ed Fortener	Masteron's	Dee Spitznagel
Lisa Angell	Eugene & Doris Freiburger	Don McCool	Rosemary Spray
Anonymous (9)	Sharon & Mike Gardner	James McCullough	Romilda Staser
Wanda & Don Bacon	Sonia & Sam Gardner, Jr.	Charmaine McQuade	Cindy & Randy Stephens
Sue Balmer	Georges Pharmacy	Gene McWilliams	Berneta Stillman
Candy & John Barksdale	Edna Geswein	Marianne Meisel	Allan & Carol Stormes
Madora Bartel	Dottie Gibson	Peggy & Jerry Metzger	Keith & Lezli Stormes
Mazie Baumann	Michael & Mary Gilbert	Steve & Candy Meyer	Carole Strohbeck
Ramona & Earl Beanblossom	Michael & Pam Gladish	Kenny Miller	Dee Sullivan
Louise Becht	David & Monica Graf	Ramona & Chuck Miller	Marshall Sullivan
Earlene & Mike Bennett	Bob & Loren Grahek	Mary Mimms	Nancy Summers
Whitney Bishop	Dan & Sarah Griffin	Nancy Montgomery	Tera Swift
Phyllis Black	Guardian Medical	Betty Morgan	Paul Taylor
Rita Blevins	Dian Hackel	Mt. St. Francis Retreat Center	Julie Taylor Wilson
Annie Bolger	Betty Haley	Sue & Kenny Mueller	Joyce Thomas
Glen Bonsett	Christy Hanna	NARFE - Floyd County	Sallie Jo Tomes
Donna Book	Alma Harris	Tim & Julie Naville	UPS
Marty Brame	Malinda & Angus Hart	Marti Neal	Carol Vance
Raymond Branham	Eunice Hasselbring	Newcomer Funeral Home	Bunky & Tex Very
Jo & Bobbie Brawner	Bobbie Hawkins	Gail & Charles Oerther	Mary & Joe Wafford
Marilyn & Bob Bryant	Pam Hawkins	Dale Orem	Louise Wailus-Suleiman
JoAnn Callewaert	Doris Henshaw	Beverly & James Padgett	Beverly Walker
Rita Campbell	Lana Himmelheber	Pat Paul	Karen & Page Walker
Ruth Carden	Linda & Ralph Hines	Barbara & Paul Pettry	Patty Walters
CareSource	Mike & Amy Jo Holaday	Thelma Phelps	Pam & Ward Weber
Patrick Carney	Mary Holz	Pilot Club Of New Albany	Tony Weigleb
Carolyn Cavins	Joyce Hood	Jean Pittman	Flo Wessel
Marilyn Christiansen	Horseshoe Southern Indiana	Beth Preher	Charles West
Charlestown Senior Center	Housing Authority of New Albany	Jerry Priest	Westminster Village Health Care
Cherry Valley Par 3	Pat & Jim Howard	Joy Purvis	Jan Weyer
Marilyn Christiansen	Rose Huber	The Providence Art Club	Carol White
Clark Memorial Hospital	Bob Hublar	Carol & Rich Ralph	Marilyn & Robert White
Clarksville Little Theater	Debra & Mike Hublar	Anne & Fred Ralston	Rose Marie & Charlie Wilbert
Representative Ed Clere	Arvin Huff	Rosemarie Rawlings	Nadine Wilkinson
Marilotte Cline	Barbara Huffmon	Janice Redden	Bruce Williams
Debbie Cochran	Norma & Steve Hughes	Rebecca & Bill Resch	Williams Brothers
Loretta Coleman	Humana	Retired & Senior Volunteer Program	Willing Workers
Betty Sue Collins	Sue Huntsman	Sarah Reynolds	Mary Wilson
Will Colvin	Ivy Tech	Leonard Rice	Vi Wilson
Nora Compton	Roberta Jackson	Dallas Richards	Shaaron Wilson
Terra & Calvin Coomer	Becky Jaenichen	Helen & Wilbur Richmer	Dianne & Ron Wisman
Joan Corbett	Freda Jahn	Annette & Stephen Roberts	Carol & Gary Woodling
Dave & Nora Couch	Jeff/Clark Co. AARP	Sharon Robison	Carolyn Woods
Martha Cox	Joe Rhoads Senior Center	Carrie Rogers	Sue Wright
Diane Craig	Patty Jenks	Sacred Heart Catholic Church	Richard & Patricia Wyzard
Wanda Crump	Alice Julius	St. Augustine Catholic Church	Joy & Kent Yeager
Brian Cullinan	Carol Kaufmann	James Scara	Yellowwood Terrace
Joe Davidson	Norma Keller	Joyce & Carroll Schafer	Your Community Bank
Joyce & Don Day	Kaiser Home Support Services	Clarence Schaftlein	Mary Zahler
Ed Dean, Sr.	Betty Kessans	James Schellenberger	Donna & Don Zimmerman
Ruth Deitsch	JoAnn Kime	Charlie Schladand	Ula Zoellers
Merle Denny	Kindred Healthcare	Merlyn Schleicher	
Joann & Jack Dohoney	Virginia King	Tom & Marilyn Scott	
Connie & Gerald Dunn	Sheila Kingsley	Pam Scott	
Betty Durham	Melinda Kintner	City of Scottsburg	
Leslie Eatherly	Linda Knies	Seabrook Dieckmann & Naville	
Linda & Welby Edwards	Lorraine Kraisinger	Mila Selimovic	
Donna Egbert	Patricial Krall	Martha & Robert Shew	
Annemarie Eichkhotz	Fred & Barbara Krenke	Lorrie Shewmaker	
Dottie Eisman	Kroger	J. Robert Shine	
Vicky & Ray Elmore	Harold Kron	Sam Shine Fund	
Carolyn & Louis Eve	Bob & Sue Lane	Terry & Jinny Sklodoski	
Carolyn Faulkenburg	Patsy Leach	Dorothy Smith	