



# 2015 Annual Report



## From the desk of the Executive Director

If I had to guess, I'd say most people are behind the curve on knowing who LifeSpan is or what we do. While that is unfortunate, it's really nobody's fault. Lord knows we are continually promoting and putting the word out in the community. I would love to believe our message will be heard and remembered. But in reality, most of us have become desensitized to all the "noise" unless we are personally affected or know someone that is.

If a loved one were to contract cancer, your radar tends to go off instinctively when you hear of the American Cancer Society, because you now have a personal connection. The same is true with Heart disease, MS, Alzheimer's, etc.

Since none of us are personally going to get old, LifeSpan's message tends to fall by the wayside unless you have questions and concerns about aging parents or a disabled relative.

Just so you know, LifeSpan Resources has evolved into a one stop Aging and Disability Resource Center (ADRC). Everyday older adults and persons with disabilities are made aware of the wide range of services and benefits available to them. Armed with this knowledge, they are able to make informed choices, which in turn leads to greater control over their own lives. All of this is provided to everyone regardless of income.

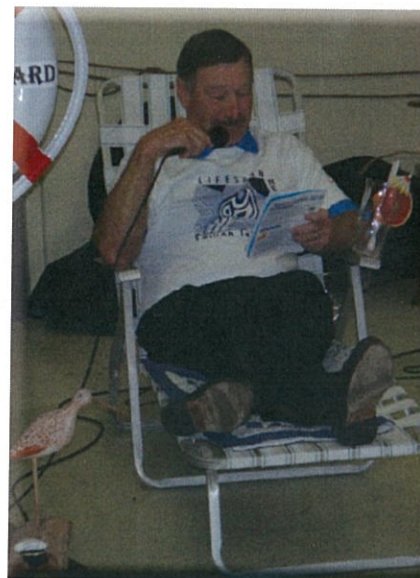
Funding by federal, state and local sources, while significant, has not kept pace with the growing needs of our aging population. During these trying times, we have turned more and more to the local community for assistance and support. Our local community has responded with a generous and caring heart. Thank you for your continuing support as we strive to serve all of the elderly and disabled who come to us for assistance.

If you happen to meet someone who may one day be old, how about helping us out by passing the word about LifeSpan. We will both be grateful.

Peace,



Keith E. Stormes,  
Executive Director



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## Aging and Disability Resource Center

The ADRC is a trusted place where people can turn for information on a full range of long-term support options. As such, it provides an enhanced level of information and assistance/referral to the community improving their ability to make informed choices. Options Counselors focus on individual needs and preferences by providing information/assistance and referrals to persons seeking solutions to their specific long-term care issues.

**5,453 contacts were made through the ADRC. 2,062 were for Options Counseling via telephone or in person.**



**Aging and Disability Resource Center**



## Care Management

LifeSpan Resources serves as the single entry point into a variety of supportive services for frail older persons and individuals with disabilities who have multiple health care needs. The Care Manager helps identify needs and links persons with home and community-based services so they may remain in the community.

**Care Management and Screenings totaled 196,097 units.**

**Thank you to our donors who help make our services possible.**

### AARP

Dolly Adams  
Stacy & Kenny Adams  
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Jo & Bobbie Brawner  
Judy and Dennis Breidenbach  
Doyle Bussey  
JoAnn Callewaert  
Dewey Campbell  
Rita Campbell  
Ruth Carden  
Caretenders Home Health  
Joseph Carter  
William Chandler  
Charlestown Housing Authority  
Charlestown Senior Citizens  
Cherry Valley Par 3  
Marilyn Christiansen  
Clark Memorial Hospital  
Joyce Clark  
Ed Clere  
Marilotte Cline  
Debbie Cochran  
Terrence Cody  
Betty Sue Collins  
Helen Collins

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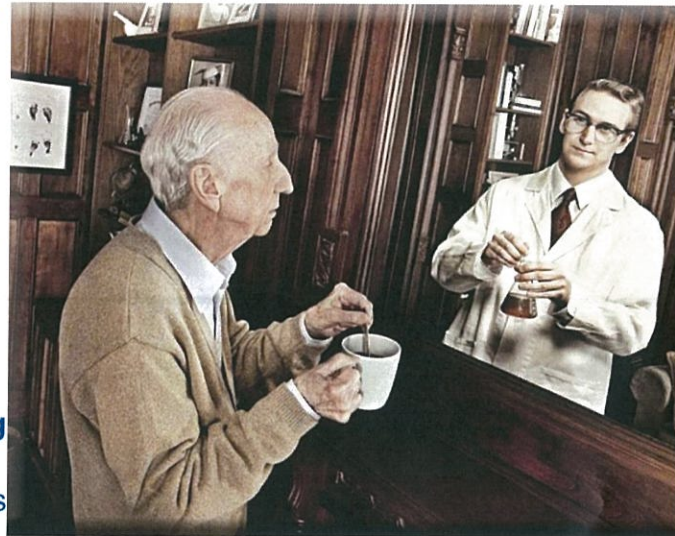
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 Floyd Memorial Hospital  
 Floyd Memorial Hospital Foundation  
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 Richard Fox  
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 Sonia & Sam Gardner, Jr.  
 GE Foundation  
 Edna Geswein  
 Sally Gettlefinger  
 Mary & Michael Gilbert  
 Ruth & Gary Gilmore  
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 Monica & David Graf  
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 Sharon & Michael Hammer  
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 Sandy & Dick Harrison  
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 Eunice Hasselbring  
 Darrin Hatfield  
 John & Martha Hauschildt  
 Bobbie Hawkins  
 Pam Hawkins  
 Bette Hayes  
 Sue Hayes  
 Ted Heavrin

### Community-based Care Transition Program

Coaches worked one on one with clients to coordinate their transition from hospital to home.

The goal of the Community-based Care Transition Program was to prevent avoidable hospital readmissions.

**Clients assisted totaled 696.**



### Health Facility Pre-Admission Screening

Mandated by state law, this program helps prevent unnecessary placement in nursing homes of individuals whose long-term care needs can best be met by community services in their own homes.

**3,195 applications were processed.**



**The Senior Games Gang plays a large part in helping provide services to our clients.**

**The "Gangsters" are Senior Games participants who choose to make a yearly donation in support of our clients and programs. They meet**

**3 times throughout the year to socialize and compete with each other at Miniature Golf, Cards and Toss'Em.**

**The Gang is the largest sponsor of Senior Games.**

### Advocacy

Our agency represents senior citizens through membership in the Human Services Associations and state and national legislative networks. It also sponsors the Golden Hoosier Award, Senior Angel Tree and Senior Games of Indiana. In 2010 the agency launched an Advocacy Committee whose purpose is to act on legislation that affects the elderly and disabled population and/or the agency and its programs.

**316 individuals participated in Senior Games and 488 clients were assisted through the Senior Citizens Angel Tree.**





## Nutrition Program

Provides a hot mid-day meal Monday through Friday to older adults at congregate nutrition sites. Homebound clients receive a frozen 7 pack of meals.

**In 2015 we served a total of 239,599 meals:**

**43,060 Congregate Meals and**

**196,539 home delivered meals.**

### NUTRITION SITES

Corydon - 812-738-7603

Palmyra - 812-364-6106

Riverview - 502-345-8699

Scottsburg - 812-206-7976

Kindred - Sellersburg - 812-246-4272

Yellowwood - 812-282-1435



[www.lifespanresources.org](http://www.lifespanresources.org)  
812-948-8330

## Preventative Health

Provides monthly health screenings at nutrition sites and periodic educational programs on health topics. **5,305 contacts were made through Health Screenings and Education last year.**



**Walk With Ease is the evidence based health program that has shown much promise in getting our clients to maintain their mobility and take advantage of the education and training that is offered.**

**Some of the Participants from Yellowwood are shown going through week two of the six weekly sessions and learning the very best way to walk with ease.**



**Calendars of monthly activities at each of our Nutrition Sites are posted on our website. Check it out and see what's happening at a site near you!**

Doris Henshaw  
John Hicks  
Jan Hill  
Hillcrest  
Lana Himmelheber  
Linda & Ralph Hines  
Joyce & James Hood  
Joan Hopper  
Horseshoe Southern Indiana  
Housing Authority of New Albany  
Pat & Jim Howard  
Barbara Hubbard  
Rose Huber  
Bob Hublar  
Barbara Huffman  
Norma Hughes  
Dorothy Hunt  
Kristina Insignares  
Marlene Isaac  
Mata Ison  
Ivy Tech  
Becky Jaenichen  
Freda Jahn  
Joe Rhoads Senior Center  
Jessie Jones  
Dick Joslin  
K of C JFK Ladies Aux 1348  
Kaiser Home Support Services  
Betty Kessans  
JoAnn Kime  
Kindred Healthcare  
Virginia King  
Sheila Kingsley  
Melinda Kintner  
Antonia Klein  
Miriam Klotz  
Suzanne & James Lochert  
Lucy & Willi Koesters  
Lorraine Kraisinger  
Patricia Krall  
Barbara & Fred Krenke  
Kroger  
Harold Kron  
Vickie Kruizinga  
Jennifer Kuchenbrod  
Sue & Bob Lane  
Patsy Leach  
Susan & David Leister  
Tim Lengel  
Lincoln Hills  
LifeSpan Resources Care Managers  
Rita Lovan  
Charles Luther  
Ruth Lynch  
Maple Manor Christian Homes  
Angela Marino  
Katheryn & Bruce Markham  
Charlie Marking  
Esther Curl Marsh  
Marsha & Max Mason  
Masterson's Catering  
Jeanne Maxey  
Sandy & Phil McCauley  
Dr. James McCullough  
Dan McHugh  
Larry McKean  
Eugenia McKinley  
Shirley McMillen



Charmaine McQuade  
 Vickie Medlock  
 Leslie Meek  
 Meiners Electric  
 Marianne Meisel  
 Peggy & Jerry Metzger  
 Ramona Miller  
 Kenny Miller  
 Nancy Montgomery  
 Betty Morgan  
 Mt. St. Francis Retreat Center  
 Sue & Kenny Mueller  
 Jane & Michael Murray  
 Mildred & Robert Nay  
 Marti Neal  
 Kerry & Kenneth Nicolas  
 Katie Niemiller  
 Gail & Charles Oerther  
 Kay & Dale Orem  
 Beverly & James Padgett  
 Pat Paul  
 Barbara & Paul Pettry  
 Thelma Phelps  
 Pilot Club Of New Albany  
 Jean Pittman  
 Brenda Poole  
 Beth Preher  
 The Providence Art Club  
 Carol & Rich Ralph  
 Anne & Fred Ralston  
 Shirley Raymond  
 Janice Redden  
 Pat & Glenn Reis  
 Rebecca & Bill Resch  
 Retired & Senior Volunteer Program  
 Sarah Reynolds  
 Helen & Wilbur Richmer  
 Marylis & Bob Rigdon  
 Glenda Riggs  
 Carrie Rogers  
 Terry Rogers  
 Sacred Heart Catholic Church  
 St. Augustine Catholic Church  
 Salvation Army  
 James Scara  
 Joyce & Carroll Schafer  
 James Schellenberger  
 Charlie Schladand  
 Alma Schnellenberger  
 Merlyn Schleicher  
 Marilyn Scott  
 Rhonda Scott  
 City of Scottsburg  
 Mila Selimovic  
 Seabrook Dieckmann & Naville Funeral Homes  
 Senior Bowlers  
 Dustin, Destin & Dallas Senn  
 Shelby Shaffer  
 Helen Sharpensteen  
 Laurice Shewmaker  
 J. Robert Shine  
 Beverly & Herb Sibert  
 Connie Sipes  
 Donna & Jerry Smallwood  
 Dee Spitznagel  
 Mary Ann & Don Sodrel  
 Southern Indiana Rehab Hospital  
 Orville Spurgeon

## **2015 Golden Hoosier Volunteer Award**

**Loren Grahek, of  
 Floyds Knobs, has  
 been named the 2015  
 Golden Hoosier  
 Volunteer in  
 recognition of her  
 lifetime of volunteer  
 service and**



**commitment to her community. This award is given by  
 Lt. Governor Ellspermann and the FSSA Indiana Division of  
 Aging and is one of the highest honors given by the State of  
 Indiana to senior citizens. Loren has volunteered for over 43  
 years in five different states and has been involved with LifeSpan  
 Resources' Senior Games for 17 years – serving as Chair of the  
 Decorating Committee for the past 3 years.**

**Some of Loren's volunteer activities include teaching quilting,  
 crocheting, knitting, decorative artwork, and teaching crafts to  
 adult special needs clients. She also takes Eucharist to nursing  
 home residents weekly, visits homebound individuals, provides  
 scarves & blankets to the homeless, and coordinates food pantry  
 donations for facilities in New Albany and Corydon. An annual  
 quilt show she is involved with raises approximately \$10,000 that  
 is then donated to local organizations. Loren also uses her  
 artistic talent to create banners for numerous groups. Loren,  
 along with other volunteers from across the state, were honored  
 by Lt. Governor Ellspermann and the FSSA Indiana Division of  
 Aging in May at the Indiana Statehouse.**





# Tera Swift

Tera Swift first came to the LifeSpan Resources team four years ago as a Fiscal Intern. Since that time she has joined the staff as a full time Agency Administrative Aide and now is a Bookkeeper. According to Tera, "I really like being in Fiscal and am happy to have been able to join the LifeSpan team."



Tera is a graduate from Floyd Central and attended Ivy Tech. She enjoys vacationing in Gatlinburg and thoroughly enjoys her hobby of playing Bingo.

## Transportation

Furnishes transportation to medical appointments, nutrition sites, social service organizations and other locations for persons age 60+ and persons with disabilities. The program is a Medicaid provider for individuals of all ages.

**Transportation provided 21,521 trips last year.**



LifeSpan Transportation provides service in Clark, Floyd, Harrison and Scott Counties. Our drivers cover 1,413 square miles of territory daily to make sure our clients get to the medical appointments they need.



Linda Spurgeon Allen  
Romilda Staser  
Jane & James Steinert  
Cindy & Randy Stephens  
Lois Stillwell  
Carol & Allan Stormes  
Lezli & Keith Stormes  
Mary & Ray Strassel  
Carole Strohbeck  
Dreatha Sullivan  
Margaret & Harry Sullivan  
Nancy Summers  
Donna Swift  
Moir & Aaron Taylor  
Sallie Jo Tomes  
Kristy & Eric Taylor  
Julie Taylor Wilson  
UPS  
Valeo Financial Advisors  
Carol Vance  
Pat VanMeter  
Bettie Vaxter  
Bunky & Tex Very  
Mary & Joe Wafford  
Louise Wailus-Suleiman  
Beverly Walker  
Karen & J Page Walker  
Pam & Ward Weber  
Tony Weigleb  
Wells Fargo  
Flo Wessel  
Westminster Village Health Care  
Janice Weyer  
Cheri & Jim Whelan  
Angie White  
Mary Ann White  
Marilyn & Robert White  
Rose Marie & Charlie Wilbert  
Nadine Wilkinson  
Bruce Williams  
Dianne & Ron Wisman  
Willing Workers  
Mary Wilson  
Vi Wilson  
Mary & Carl Wolford  
Carol & Gary Woodling  
Sue Wright  
Joy & Kent Yeager  
Yellowwood Terrace  
Your Community Bank  
Mary Zahler  
Donna & Don Zimmerman  
Ula Zoellers

"Your meals are great  
and I thank God for  
LifeSpan. My delivery  
driver is a very special  
person"

- Meals To Go Client Comment



advocacy | action | answers on aging



Indiana Association of Area Agencies on Aging

33 State Street, 3rd Floor, P.O. Box 995  
New Albany, IN 47151-0995

(812)948-8330 1-888-948-8330 toll free

[www.lifespanresources.org](http://www.lifespanresources.org)



# Expenditures

## Fiscal Year 2015

# Income



Senior Health Insurance  
Health Screenings/Education  
Legal Services  
Outreach  
Fundraising  
Information and Referral  
Ombudsman

ADRC/Options Counselling

Other

Care Transitions

Family Caregiver

Administration

Congregate Meals

Transportation

In-Home Services

Care Management/Screenings

Medicaid Services

Home Delivered Meals

Contract/Program Income

In-Kind Income

Grant Income

Donations

Fundraising Income

Miscellaneous Income





## BALANCE SHEET

### ASSETS:

Cash and Grants Receivable	\$2,494,738
Medicaid Receivable	130,577
Other Assets	27,496
Fixed Assets	76,947
<b>TOTAL ASSETS</b>	<b>\$2,729,758</b>

### LIABILITIES:

Accounts Payable	\$163,920
Payroll Withholdings	3,710
Accrued Expenses	205,647
<b>TOTAL LIABILITIES</b>	<b>\$373,277</b>

### NET ASSETS:

Temporarily Restricted	\$30,985
Unrestricted	2,248,549
Unrestricted Assets	76,947
<b>TOTAL NET ASSETS</b>	<b>\$2,356,481</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$2,729,758</b>

Thank you to the following funders and foundations who help us continue providing services to the elderly and disabled.

Culbertson Home for Old Ladies  
Board of Directors

Harrison County Community  
Foundation

Horseshoe Foundation  
of Floyd County

Metro United Way

United Way of Scott County

Family and Social Services  
Administration/Indiana Division  
of Aging



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CHARITY  
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*Promoting Independent Living for People of all Ages*

## Aging and Disability Resource Center



LifeSpan has enjoyed having a tremendous group of Volunteers and Interns over the past year.

Pictured with Keith Stormes, Executive Director are Wendy Cooper, Cindy Stephens and Joe Underwood.



# Lisa Worden

Lisa Worden joined the LifeSpan Resources team in December 2012 as the Ombudsman. A large part of Lisa's job is to meet with long-term facility residents one-on-one. Lisa feels enriched thru meeting the residents and hearing their life stories. According to Lisa, "I truly enjoy being the voice for someone who feels they are defeated and/or encouraging residents to speak up."



Lisa was born in Louisville and her family moved to Lanesville when she was 8 years old. Lisa graduated from Floyd Central and then went on to attend the University of Louisville. She is a devoted mother and loves spending time with her two sons and being outdoors. She and her husband Paul have been married for 20 years. Lisa also enjoys crossword puzzles, online games and cosmetics.

## In-Home Services

The In-Home Services Program provides at risk older persons and persons with disabilities with an array of services to enable them to live independently. Eligibility varies based on funding sources utilized. Care management, attendant care, home delivered meals, adult day care, respite care, homemaker, home health aide, transportation, minor home modifications and adaptive aids and devices are among services provided.

**In-Home Services provided 144,558 units last year.**

## Family Caregiver Program

Connects caregivers to community resources particular to their caregiving needs including Respite Care and other supportive services.

**In 2015 the program made 5,436 contacts.**

**We have resources available  
for family caregivers.**

**If you or someone you know  
is helping to provide care  
for a loved one, contact us  
and let us help.**

**LifeSpan's staff understands  
that there is more to the  
person than the "now".**

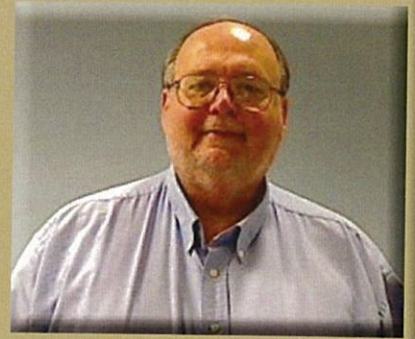
**We treat your loved one  
just as we would our own loved  
ones.**





# David Johnson

David Johnson has been with LifeSpan Resources team for 4 years as a Care Manager. Since David has clients mainly in Scott County and Northern Clark County, his office is located in our beautiful Bacala Center in Scottsburg. According to David, "I really like being able to help our clients stay in their homes by getting them the help they need."



David was born in Cincinnati, Ohio. He graduated from Springfield South High School and then the Cincinnati Christian University. David has been a minister for 36 years and gives a nod to John Wilson, his home minister for his guidance that ultimately inspired him to become a minister himself.

## Legal Services

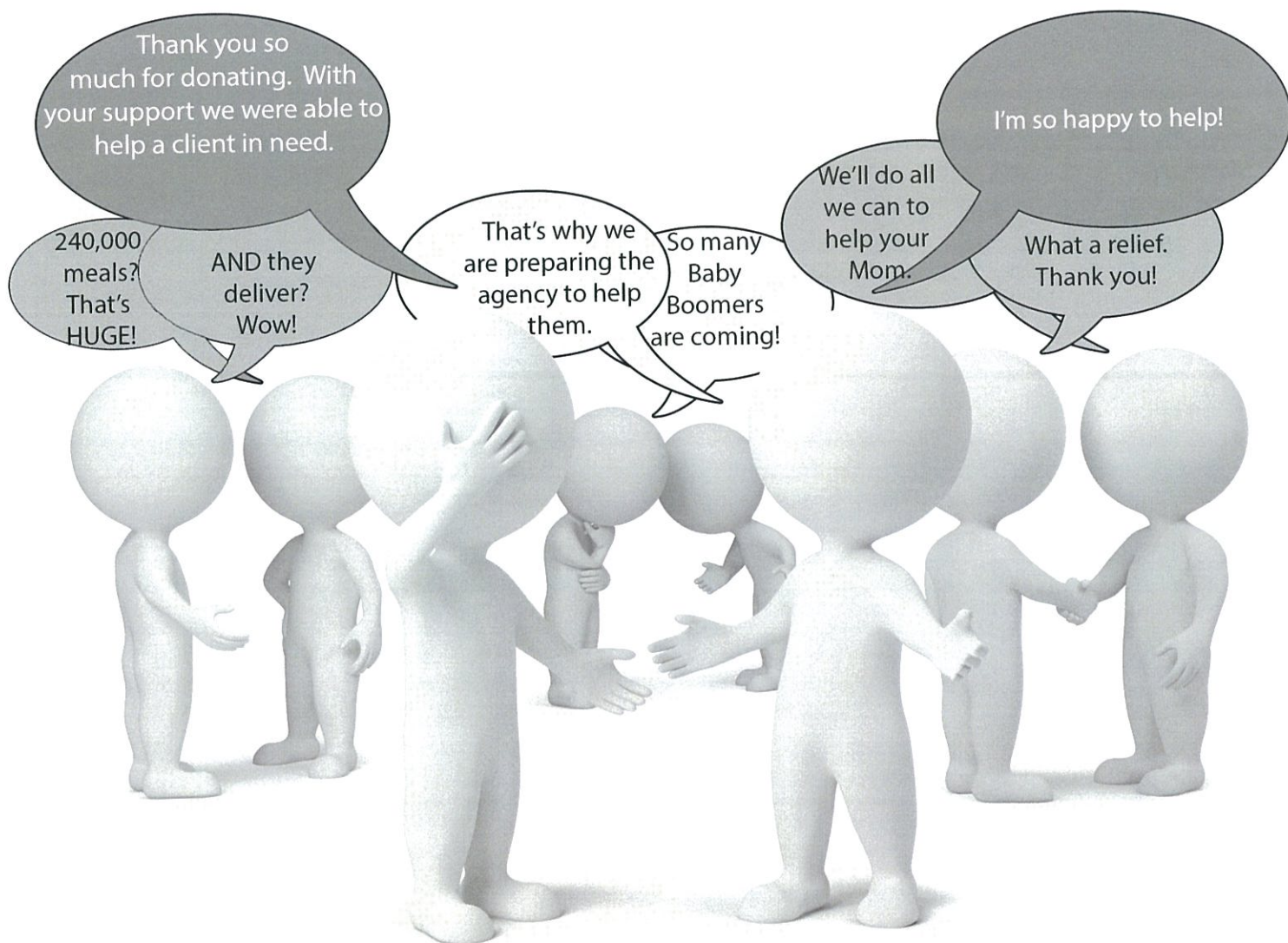
Our agency funds an attorney who provides legal assistance to persons age 60 and over. **301 hours (Pro-Bono included) in Legal Services provided.**



LifeSpan proudly partnered with the Community Foundation of Southern Indiana on the areas first ever Boomer Bootcamp. Held over four consecutive Tuesdays in March 2015, participants were offered an array of topics to help them prepare for and better understand the retirement years.







Thank you so much for donating. With your support we were able to help a client in need.

240,000 meals? That's HUGE!

AND they deliver? Wow!

That's why we are preparing the agency to help them.

So many Baby Boomers are coming!

We'll do all we can to help your Mom.

I'm so happy to help!

What a relief. Thank you!