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2013 Annual Report

Graceland Baptist Church Monica & David Graf William Grantz Graphic Ventures Green Valley Care Center

From the desk of the Executive Director

After 40 years of trying to work ourselves out of a job, we are no closer now than we were back in 1973 when we first opened our doors. In fact, the number of people needing assistance actually grows larger with each passing year. In the United States, seniors are turning 65 years old at the rate of 10,000 per day and that "Silver Tsunami" will continue through

It is the overwhelming desire of our clients to remain independent and living in their own home and it is LifeSpan's mission to see that they get their wish. It not only fulfills their desires, but it is significantly more economical than placing them in a nursing home. During fiscal year 2013 LifeSpan served 12,472 aged and disabled Hoosiers in Clark, Floyd, Harrison, and Scott Counties.

While the number of people needing assistance seems to grow each year, our funding through Federal and State contracts continues to diminish. It is only through the generosity of our caring donors – a few of whom are shown on the front cover of this report – that we are able to serve so many additional people.

LifeSpan offers a broad range of programs. We encompass everything from Meals On Wheels delivery to assisting our local hospitals in lowering the readmission rates of patients; from acquiring low cost or free prescriptions to enrolling seniors in Medicare and Medicare Part D; from installing ramps in homes to providing respite for caregivers.

In this report you will find the many accomplishments that LifeSpan Resources was able to achieve during the past year. These successes are due to an amazing group of employees, volunteers, and partners who work tirelessly at keeping our seniors active and independent. On behalf of our staff, Board of Directors, Advisory Council, and all those we serve, thank you for your heartfelt support of our mission.

Keith E. Stormes, Executive Director

Steve Meyer, President Ward Weber, Secretary **Candice Barksdale Diane Murphy**

Beth Preher, President Marty Brame, Secretary **Joyce Cain** Glen Hammack Janice Redden **Connie Sipes Robert White**



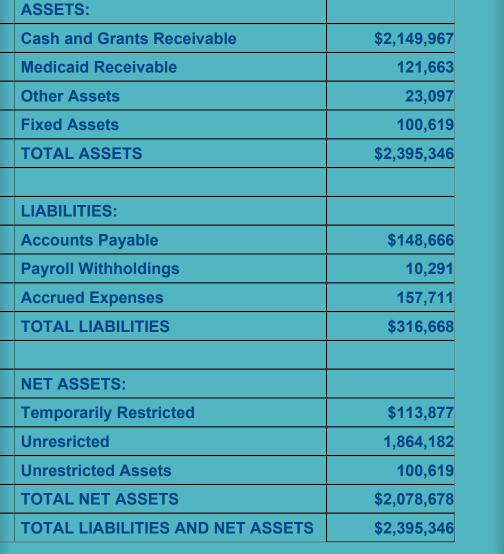
Keith E. Stormes, Executive Director Standing - Lucy Koesters, Nutrition Director; Earlene **Executive Assistant; Dick Joslin, Transportation** Manager; Vickie Medlock, Deputy Director Aging and In-ome Services; Leslie Meek, Depty Director Finance/HR/IT Julie Taylor Wilson, Development Director

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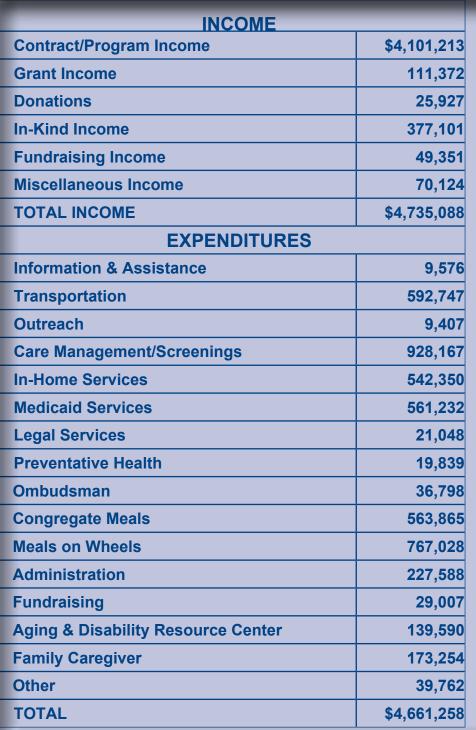
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Maple Manor Christian Homes

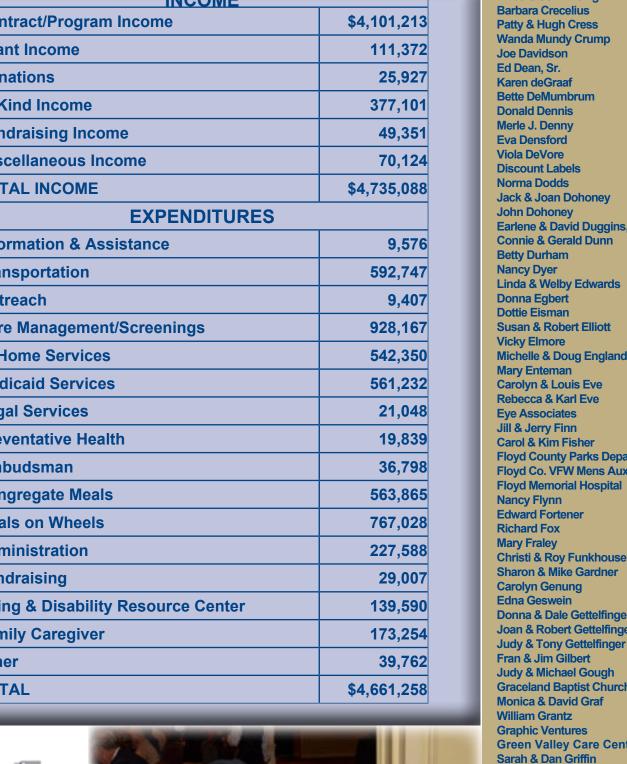
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Transportation Outreach **Legal Services Ombudsma**i Administration **Fundraising** Other TOTAL United Way -n4a









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ed Heavrin

Lisa Heideman

Service Above Self Gold Leaf Volunteer **Robert White**



Beginning as a member of our Advisory Council, Bob served in the offices of Vice President and President and is currently serving a second 5-year term. In addition, Bob chairs the agency's Advocacy Committee that monitors legislation and advocates for senior citizens and the agency as needed. Bob is also the Indiana AARP

Legislative Specialist and he and his wife, Marilyn work together as a team and are a dynamic duo at the Statehouse. Bob's commitment to his community and LifeSpan is evidenced by his strong leadership and dedication which strengthens the agency's foundation. He is truly an exceptional person.

LifeSpan Resources is very fortunate to have dedicated, long term volunteers who make such a difference in the lives of others. We are proud to honor Robert White as our 2013 Service Above Self Gold Leaf Volunteer of the Year.

Thank you to the following funders and foundations who help us continue providing services to the elderly and disabled.

> Community Foundation of Southern Indiana

Culbertson Home for Old Ladies Board of Directors

Harrison County Community Foundation

> **Horseshoe Foundation** of Floyd County

> > **Metro United Way**

Scott County Community Foundation

United Way of Scott County

Family and Social Services Administration/Indiana **Division of Aging**

"Mom could not have gone to needed doctors appointments without your transportation service. Thank you!'



Thank you to our donors who help make these services possible.

Frankie Able **Dolly Adams** Stacy & Kenny Adams Adaptive Companion Care Svcs **American Commercial Lines** Dr. Anthony Alexander **Ruby Amburgey** Helen Andres **Richard Andres** Anonymous

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Riverview Village

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Teddi Robinson

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Carrie Rogers

Diane Rollins Carl Ross Jr.

Laura Royse

Ron Rufing

AGENCY PROGRAMS AND SERVICES

Aging and Disability Resource Center

The ADRC, opened in July 2008, is a trusted place where people can turn for information on a full range of long-term support options. As such, it provides an enhanced level of information and assistance/ referral to the community improv-



ing their ability to make informed choices. 3,863 contacts were made through the ADRC.

Care Management

LifeSpan Resources serves as the single entry point into a variety of supportive services for frail older persons and individuals with disabilities who have multiple health care needs. The Care Manager helps identify needs and links persons with home and communitybased services so they may remain in the community. Care

> **Management and Screenings totaled** 107,255 units.

Outreach

Provides information and assistance services to older persons in Scott County. Staff assist with accessing services and programs including public benefits. Outreach totaled 609 contacts.

Nutrition Program

Provides a hot mid-day meal Monday through Friday to older adults at congregate nutrition sites and to homebound individuals in each county. Evening and weekend frozen meals

are available to homebound individuals. In 2013 we served a total of 160,449 meals: 50,464 Congregate Meals and 109,985 homebound Meals On Wheels.

Preventative Health

Provides monthly health screenings at nutrition sites and periodic educational programs on health topics. 1.470 contacts were made through Health Screenings and Education last year.

Legal Services

Our agency funds an attorney who provides legal assistance to persons age 60 and over. 107 hours in Legal Services provided.

Transportation

Furnishes transportation to nutrition sites, medical appointments, social service organizations and other locations for persons age 60+ and persons with disabilities. The



program is a Medicaid provider for individuals of all ages.

Transportation provided 22,773 trips last year.

In-Home Services

The In-Home Services Program provides at risk older persons and persons with disabilities with an array of services to enable them to live independently. Eligibility varies based on funding sources utilized. Care management, attendant care, home delivered meals, adult day care, respite care, homemaker, home health aide, transportation, minor home modifications and adaptive aids and devices are among services

In-Home Services provided 115,502 units last year.

Family Caregiver Program

Connects caregivers to community resources particular to their caregiving needs including Respite Care and other supportive services In 2012 the program made 6,761 contacts.

Health Facility Pre-Admission Screening

Mandated by state law, this program helps prevent unnecessary placement in nursing homes of individuals whose long-term care needs can best be met by community services in their own homes.



2,852 applications were processed.

Advocacy

Our agency represents senior citizens through membership in the Human Services Associations and state and national legislative networks. It also sponsors the Golden Hoosier Award, Senior Angel Tree and Senior Games of Indiana.

In 2010 the agency launched an Advocacy Committee whose purpose is to act on legislation that affects the elderly and disabled population and/or the agency and its programs.

334 individuals participated in Senior Games and 436 clients were assisted through the Senior Citizens Angel Tree last year.

Sacred Heart Catholic Church Safe At Home St. Augustine Catholic Church St. Bernard Cathrolic Church **Salvation Army Annetta Same Barbara Sanders James Scara Joyce & Carroll Schafer Charlie Schladand** Merlyn Schleicher Dr. William Schmied Marilyn Scott **Scottsburg Lions Club Scott Memorial Hospital** Seabrook Dieckmann & Naville Funeral Homes **Lucy Shacklett Shelby Shaffer Beverly & Herb Sibert**

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