



**FOR IMMEDIATE RELEASE**

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**LifeSpan Resources, Inc. announces Senior Games 2019: “Seniors Are Out of This World!”**

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**LifeSpan Resources, Inc., a non-profit organization serving the elderly and individuals with disabilities; and the federally designated Area Agency on Aging for Clark, Floyd, Harrison and Scott counties, Indiana, will be hosting its 33<sup>rd</sup> Annual Senior Games from June 3 – 7, 2019 at various venues in Clark and Floyd counties.**

**This year’s theme is “Senior Are Out Of This World,” - a fun “take off” on the 50<sup>th</sup> Anniversary of the Moon Landing. The weeklong event is open to all area adults age 55+. LifeSpan’s Senior Games focuses on fun, friendly competition, health and wellness activities, and lots of socialization opportunities. There are 10 fun and friendly activities with prizes to choose from including dance off, bowling, bingo, mini golf, basketball toss,**

9 and 4 lap walks, toss em, horseshoes, cards and games and closing vendor parade. Lunch and snacks are included each day. Prizes are awarded for each event.

Opening Ceremonies will be held on Monday, June 3 from 9:00 AM – 12:30 PM at St. Augustine Parish Hall, 316 E. Maple St. in Jeffersonville, and will be emcee'd by Representative Ed Clere. Opening ceremonies will include bingo, lunch and a live band with dance competition. Closing ceremonies will be held on Friday, June 7 from 10:00 AM – 1:00 PM at Sacred Heart Parish Hall, 1840 E. 8<sup>th</sup> St., Jeffersonville. Closing ceremonies will include award presentations, a vendor fair, lunch, and music. This year, our closing ceremonies will be emcee'd by local favorite retired WHAS-AM radio dee jay, Wayne Perkey.

Gold, silver and bronze medals are given for each event. Trophies are handed out at the Closing Ceremony for most medals won, and oldest male and female participant. A registration fee of \$15 covers the entire week of events and lunches, and a NASA-inspired tee shirt. Transportation is available by request through LifeSpan's Transportation Program (please call 812-948-8330 and ask for an Options Counselor to register).

LifeSpan Resource's Senior Games is the only community-wide event in southern Indiana specifically designed for active older adults. More than 300 participants are expected to come out for the Games. Sponsorships are available.

For more information about LifeSpan Resources' Senior Games 2018, please contact LifeSpan's Community Engagement Director, Michael Kolodziej at [mkolodziej@lsr14.org](mailto:mkolodziej@lsr14.org) or visit LifeSpan's web site at <https://www.lsr14.org/senior-games.html>.

Here are some photos from LifeSpan's 2018 Senior Games:



