Senior Games 2008

Tell your neighbors!
Tell your friends!
Senior Games is here again!

The theme this year, *America – Home of the Brave*, gives us a wonderful opportunity to salute our Veterans as well as the men and women currently serving our country. If you served in any of the United States Armed Forces and are willing to share your information, we have enclosed a form for you to fill out. If you have a family member currently serving in one of the United States Armed Forces and would like to share information about them, please fill out the form as well. This information will be compiled and put into the "Loved Ones" Book distributed at Closing Ceremonies. We will also have a recognition of our Veterans at Closing Ceremonies.

It's going to be a wonderful year for Senior Games all the way around – so come on! Let's get this show on the road!!

Here's a few tidbits of information that are always helpful.

☺ The cost to participate is $12.00 ($13.50 if you would like a 2X or 3X t-shirt.)

☺ The "Loved Ones" booklet will be distributed at Closing again this year if you would like to acknowledge someone special. If you wish to make a donation in honor or in memory of a loved one please see the form included with your registration form.

☺ The age categories are: 55 – 62, 63 – 70, 71 – 78, 79 – 86 and 87+.

T-shirts will be available for pick-up from May 5 – May 16. These can be picked up at our main office, located at 426 Bank Street, Suite 100, New Albany.

If you mail in your registration form before April 28th we will have everything ready for you when you come to pick it up.

Schedules, registration forms and various other nuggets of helpful information are available on our website.
www.lifespanresources.org

Do you have any questions? Please feel free to call Julie Taylor Wilson at 948-8330 or toll free at 888-948-8330.

LifeSpan RESOURCES
Promoting Independent Living for People of all Ages.

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426 Bank Street, Suite 100
P.O. Box 995
New Albany, IN 47151-0995

INDIANA SENIOR GAMES

Senior Games 2008

May 28th - June 6th

Sponsored by:
Your Community Bank
Robert E. Lee
John-Kenyon American
Eye Institute
Graceland Baptist Church

Southern Indiana Rehab
Clark Memorial Hospital
Masterson's Catering

Seabrook Dieckmann & Naville
Funeral Homes
Kraft Funeral Service & Graceland
Memorial Park
Generations Funeral Home

Senior Games 2008

Wednesday, May 28
10:00 a.m. –12:00 p.m.
Nursing Home Games
Salvation Army, Green Valley Rd.,
New Albany

Thursday, May 29
10:00 a.m. - 11:00 a.m.
Fun Walk
Warm Up Stretches from 10:00 – 10:30
Warder Park, Court Ave. Jeffersonville

10:00 a.m. – 10:30 a.m.
Bake Off (Medals announced at 12:30)
St. Augustine's Parish Hall,
316 E. Maple St., Jeffersonville
We've added a new category this year!! Pastry will join Pie, Cake and Cookies as your options. You can only submit one entry. We cannot accept Bake Off entries that require refrigeration. Please use disposable or plastic dishes. The recipe must be submitted with your entry.

11:00 a.m. – 12:30 p.m.
Opening Ceremonies, Lunch & Bingo
St. Augustine's Parish Hall,
316 E. Maple St., Jeffersonville

12:30 p.m. – 3:00 p.m.
Dance Contest
St. Augustine's Parish Hall

Friday, May 30
9:00 a.m. – 11:30 a.m.
Basketball Toss
Nachand Field House
601 E. Court Ave., Jeffersonville

Noon – 2:00 p.m.
8-Ball
Nachand Field House
601 E. Court Ave., Jeffersonville

Monday, June 2
7:45 a.m. – 11:00 a.m.
Fishing
Sam Peden Community Park
Grant Line Road, New Albany

7:30 a.m. – 11:00 a.m.
Golf
Cherry Valley Par 3
600 Cherry St., New Albany

11:30 a.m. – 2:30 p.m.
Horseshoes
Sam Peden Community Park
Grant Line Road, New Albany

Tuesday, June 3
8:00 a.m. – Noon
Miniature Golf
Golf Shores
2510 Landmark Way, Corydon
Transportation will be made available through our Transportation program as we did last year. The cost to ride the van to Golf Shores and back will be $2.00 per person. You must indicate on the Registration Form if you want to ride.

1:30 p.m. – 4:00 p.m.
Toss' Em
Southern Indiana Rehab
3104 Blackiston Blvd., New Albany

Wednesday, June 4
9:00 a.m. – 12:00 p.m.
Bowling
Hoosier Lanes
2310 State St., New Albany
The Bowling event will again be limited to teams of no more than 4 participants and we will only bowl 2 games. Like last year, medals will be awarded by age/sex categories only…AND, since it worked last year, we will be awarding the medals at the bowling event!

1:00 p.m. – 3:00 p.m.
8 and 4 Lap Walks
Southern Indiana Sports Complex
620 Park East Blvd., New Albany
Lunch will be provided by Your Community Bank from Noon – 1:00 p.m.

Thursday, June 5
8:00 a.m. – 11:30 a.m.
Senior Squabble
I.U.S. Ogle Center, Robinson Theater
4201 Grant Line Rd., New Albany

Thursday, June 5 continued
12:30 p.m. – 3:30 p.m.
Cards & Checkers
I.U.S., 4201 Grant Line Rd., New Albany
We must have at least 8 Bridge participants at the event. If we do not have 8 Bridge participants, the event will not be held. Participants will be given the option of participating in Euchre, Pinochle or Checkers if the Bridge event is cancelled.

Friday, June 6
10:00 a.m. – 1:00 p.m.
Closing Ceremonies
Graceland Baptist Church
3600 Kamer-Miller Rd.
New Albany

Don't forget, if you would like your t-shirt delivered to one of our many nutrition sites you must put that information on your registration form. (Top right hand corner – there is a line just for this.) Or, if you will be at the Jeffersonville or New Albany AARP meetings in May and would like to pick your t-shirt up there, just put Jeff. AARP or New Albany AARP on that line and everything you need will be brought to the meeting**.** If the line is blank we will have those shirts available for pick-up at our office on 426 Bank Street, New Albany.