



June 3rd – June 11th

Sponsored by:

Floyd Memorial Hospital Your Community Bank
Riverview Village and Clark Rehab UPS

Clark Memorial Hospital Southern Indiana Rehab
John-Kenyon American Eye Institute Graceland Baptist Church
Kraft Funeral Service & Kraft-Graceland Memorial park
Masterson's Catering

Sterling Health Plans Seabrook Dieckmann & Naville Funeral Homes Generations
Funeral Home
Indiana University Southeast

The theme this year is *All About Sports*, and should provide us with loads of fun as we celebrate the 24th year of Senior Games.

We are happy to announce that Texas Hold 'Em will be returning this year. We have made a change to the Bake Off categories. The Pastry category is being removed. The 3 categories for the Bake Off are Pies, Cakes and Cookies.

There is a new rule for Fishing. We can no longer accept more than one fish per participant for the Heaviest and Longest categories. Participants will be limited to one fish each in the Heaviest and Longest categories. However, you can still enter all of your fish in the Most Fish Category ☺.

Everyone remembers that we moved our office right? (Ok, I confess, out of a 16 year habit I have driven to the old location!) We are proudly perched on the Third Floor of the Floyd County YMCA facility located at 33 State Street in New Albany.

Here's a few of the standard tidbits of information that are always helpful.

☺ The cost to participate is \$12.00 (\$13.50 if you would like a 2X or 3X t-shirt.)

☺ The "Loved Ones" booklet will be distributed at Closing again this year if you would like to acknowledge someone special. If you wish to make a donation in honor or in memory of a loved one please see the form included with your registration form.

☺ The age categories are: 55 – 62, 63 – 70, 71 – 78, 79 – 86 and 87+.

T-shirts will be available for pick-up from May 3 – May 14. These can be picked up at our office. (Again, that's 33 State Street, Third Floor, New Albany. The Floyd County YMCA facility – you can't miss it!)

If you mail in your registration form by April 30th we will have everything ready for you when you come to pick it up.

Schedules, registration forms and various other nuggets of helpful information are available on our website.

www.lifespanresources.org

Do you have any questions? Please feel free to call Julie Taylor Wilson at 948-8330 or toll free at 888-948-8330. Email is jwilson@lsr14.org

Tell your neighbors!

Tell your friends!

Senior Games is here!



 **LifeSpan
RESOURCES**
Promoting Independent Living for People of all Ages.



Senior Games 2010



Wednesday, June 2

10:00 a.m. – 12:00 p.m.

Nursing Home Games

Salvation Army, Green Valley Rd., New Albany

Thursday, June 3

10:15 a.m. - 11:00 a.m.

Fun Walk

Warm Up Stretches from 10:15 – 10:30

Warder Park, Court Ave., Jeffersonville

10:00 a.m. – 10:30 a.m.

Bake Off (Medals announced at 12:30)

St. Augustine's Parish Hall, 316 E. Maple St., Jeffersonville

Categories include: Pie, Cake and Cookies. You can only submit one entry. We cannot accept Bake Off entries that require refrigeration.

11:00 a.m. – 12:30 p.m.

Opening Ceremonies, Lunch & Bingo

St. Augustine's Parish Hall, 316 E. Maple St., Jeffersonville

12:30 p.m. – 3:00 p.m.

Dance Contest

St. Augustine's Parish Hall



Friday, June 4

9:00 a.m. – 11:30 a.m.

8-Ball

Nachand Field House
601 E. Court Ave., Jeffersonville

12:30 p.m. – 2:30 p.m.

Basketball Toss

YMCA – Floyd County
33 State Street, New Albany



Monday, June 7

7:45 a.m. – 11:00 a.m.

Fishing

Sam Peden Community Park
Grant Line Road, New Albany



7:30 a.m. – 11:00 a.m.

Golf

Cherry Valley Par 3
600 Cherry St., New Albany

Monday, June 7 continued

11:30 a.m. – 2:30 p.m.

Horseshoes

Sam Peden Community Park
Grant Line Road, New Albany

Tuesday, June 8

8:00 a.m. – Noon

Miniature Golf

Golf Shores

2510 Landmark Way, Corydon

Transportation will be made available through our Transportation program as we did last year. The cost to ride the van to Golf Shores and back will be \$2.00 per person. You must indicate on the Registration Form if you want to ride.

1:30 p.m. – 4:00 p.m.

Toss' Em

Southern Indiana Rehab
3104 Blackiston Blvd., New Albany

Wednesday, June 9

9:00 a.m. – 12:00 p.m.

Bowling

Hoosier Lanes

2310 State St., New Albany

The Bowling event will again be limited to teams of no more than 4 participants and we will only bowl 2 games.



1:00 p.m. – 3:00 p.m.

8 and 4 Lap Walks

Southern Indiana Sports Complex

620 Park East Blvd., New Albany

Lunch will be provided by Your Community Bank from Noon – 1 p.m.

Thursday, June 10

9:00 a.m. – 11:30 a.m.

Senior Squabble

I.U.S. Ogle Center, Robinson Theater
4201 Grant Line Rd., New Albany

Thursday, June 10 continued

12:30 p.m. – 3:30 p.m.

Cards & Checkers

I.U.S., 4201 Grant Line Rd., New Albany

Participants must choose between: Euchre, Pinochle, Checkers and Texas Hold ‘Em.

Texas Hold ‘Em will be limited to the first 42 participants.

Friday, June 11

10:00 a.m. – 1:00 p.m.

Closing Ceremonies

Graceland Baptist Church

3600 Kamer-Miller Rd.

New Albany



Don't forget, if you would like your t-shirt delivered to one of our many nutrition sites you must put that information on your registration form. (Top right hand corner – there is a line just for this.) Or, if you will be at the Jeffersonville or New Albany AARP meetings in May and would like to pick your t-shirt up there, just put Jeff. AARP or New Albany AARP on that line and everything you need will be brought to the meeting. If the line is blank we will have those shirts available for pick-up at our office located on the **Third Floor of the Floyd County YMCA facility, 33 State Street,** New Albany.